

Evidence-based Practice

- improve patient care
- collection of data and clinical knowledge to create a safer standardized patient practice

Example: Nurse Leader utilizing research to implement a new fall protocol

Evidence-based practice is used in a healthcare setting to provide the most effective patient care, and improve outcomes based upon peer-reviewed research.

Strong focus on evidence to improve patient outcomes

Utilizes research and data to create improvement in patient care
Standardize care

Quality Improvement

Goal is the same to improve patient care, safety, and outcome

- Improving a system
- Generalized to its
- Attempts to standardize care

Example: Standardizing risk assessments for falls to reduce falls within the hospital

Research

- Create new knowledge
- answer a hypothesis
- Qualitative and Quantitative studies using scientific methodology with publication

Example: Random Controlled trial studying ways to reduce patient falls within a hospital

Research is used in healthcare to improve patient outcomes, learn about disease process, outcomes of treatments, and patterns of care.

Both requiring asking a question

Quality improvement is used in healthcare to create a standardized way of treating patients to reduce variable, achieve predictable results, and improve patient outcomes.