

Week 6 Discussion: Social Institutions and Health

Required Resources

Read/review the following resources for this activity:

- Textbook: Chapter 11, 12, 14
- Lesson
- Minimum of 1 outside scholarly source

Initial Post Instructions

For this discussion we will consider if the social world can be bad for your health and/or if social institutions can improve your health.

For the initial post, examine ways that some of the social institutions studied this week (the family, the educational system, or religions) might affect the health of the people in the institution. Address the following:

- What are some effects of family life on health?
- How might the educational system in the United States affect the health of American children?
- How might health outcomes be affected by religious practices of members of varying religions in the United States? Are there other behaviors, outside of formal religious practice or formal religious ceremonial observances, such as dietary requirements or other behavioral requirements of members of religious institutions in the United States that might affect their health, either directly or indirectly?
- Are there behaviors, practices, or experiences of specific demographic groups in the United States that positively or negatively affect their health?

Follow-Up Post Instructions

Respond to at least two peers or one peer and the instructor. Further the dialogue by providing more information and clarification and/or include perspectives from outside scholarly sources shared in the discussion forum by classmates and/or the instructor.