

# WEEK 6: QUIZ

**Due** Feb 16 at 11:59pm

**Points** 20

**Questions** 10

## INSTRUCTIONS

**Here is some information about the quiz.**

- This quiz covers CO 6, Week 6 Lesson, and Chapters 11 and 15.
- This quiz is worth 20 total points and includes 10 multiple choice questions.
- Each question is worth 2 points.
- You have 1 hour to complete the quiz.

Good luck!

By submitting this work, I am attesting that it abides by the [Student Honor Code](#).

This quiz was locked Feb 17 at 11:59pm.

## ATTEMPT HISTORY

Submitted Feb 16 at 4:39pm

This attempt took 23 minutes.

### Question 1

2 / 2 pts

(CO 6) All of the following are considered weight-bearing activities *except*

*Strength training*

**Swimming**