

SCI 228 Week 4 Midterm Exam

Question 1 4 pts

(TCO 1) What element makes protein different from carbohydrate and fat?

- Carbon
- Hydrogen
- Nitrogen
- Oxygen

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Question 2 4 pts

(TCO 1) Which statement is FALSE concerning the field of nutrition?

- Nutrition is the study of how food nourishes the body.
- Nutrition encompasses how we consume, digest, metabolize, and store food.
- Nutrition is an ancient science that dates back to the 14th century.
- Nutrition involves studying the factors that influence eating patterns.

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Question 3 4 pts

(TCO 1) Vitamins are classified into two groups, _____ and _____.

- fat soluble; water soluble
- microsoluble; macrosoluble
- nutritive; nonnutritive
- major; trace

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Question 4 4 pts

(TCO 1) For dinner, Bill consumes 255 grams of carbohydrate, 70 grams of protein, and 50 grams of fat. In addition, Bill decides that he wants a glass of wine with his meal. If he drinks one glass of wine containing 8 grams of alcohol, how many total kilocalories does he consume in this meal?

- 56 kilocalories
- 540 kilocalories
- 1,675 kilocalories
- 1,806 kilocalories