

**PUBH-8038-2/PUBH-8038H-2/HLTH-8038N-2/PUBH-8038D-2/
PHLT-8038-2**

Final Exam

Score for this quiz: **140** out of
140 Submitted Jan 17 at 9:08pm
This attempt took 115 minutes.

Question 1

2 / 2 pts

True/False: A more frequent and repetitive behavior is more difficult to adhere to over time.

True

False

Question 2

2 / 2 pts

True/False: Distal influences demonstrate an immediate and noticeable influence on health behaviors.

True

False

Question 3

2 / 2 pts

The theory of the solution asserts that:

The use of multiple theories is too daunting and should not be considered.

No one theory alone can explain a health issue.

Every health issue is best approached using the most relevant theory to guide the intervention activities.

The best approach to a health issue requires applying different strategies at multiple levels with each affected population.

Question 4

2 / 2 pts

True/False: Advocacy as a health promotion strategy is mainly focused on lobbying for universal health care.

True