

## **Week 7 Discussion: Late Adulthood**

### **Required Resources**

Read/review the following resources for this activity:

- Textbook: Chapter 18, 19, 20
- Lesson
- Add necessary resources (include separate section for optional resources).
- Minimum of 1 scholarly source (in addition to the textbook)

### **Initial Post Instructions**

**Option 1:** It can be difficult to discuss life expectancy. This is especially true if there are issues like heart disease, cancer or other chronic illnesses. Page 519 in your text has a life expectancy chart that you can complete. After completing this chart, you can choose to discuss your results. Be sure to address the following points:

- Were you surprised by your life expectancy total?
- Are there things you can do to improve your total?
- What do you find more valuable: an increased life expectancy or an increase in quality of life? Why?

**Option 2:** In chapter 19, you will find a figure that shows a graphical representation of what participants in a study reported to be their rank-ordering of priorities as they age. In this discussion, explain how you believe that younger generations (25-65) could learn valuable life lessons from adults in late life (66-105). Consider the following factors:

- Family
- Health
- The importance of life
- Friends
- Wisdom
- Wealth

### **Follow-Up Post Instructions**

Respond to at least one peer. Further the dialogue by providing more information and clarification.

### **Writing Requirements**

- Minimum of 2 posts (1 initial & 1 follow-up)
- Minimum of 2 sources cited (assigned readings/online lessons and an outside source)
- APA format for in-text citations and list of references

### **Grading**

This activity will be graded using the Discussion Grading Rubric. Please review the following link: Link (webpage): [Discussion Guidelines](#)

**Course Outcomes (CO): 1, 3, 4, 5**

**Due Date for Initial Post: By 11:59 p.m. MT Recommended by  
Wednesday Due Date for Follow-Up Posts: By 11:59 p.m. MT on Sunday**

**Posts must be on separate days.**