

## Week 5 Discussion: The Media and Communication in Young Adulthood

### Required Resources

Read/review the following resources for this activity:

- Textbook: Chapter 13, 14
- Lesson
- Minimum of 1 scholarly source (in addition to the textbook)

### Initial Post Instructions

**Option 1:** We often hear about how impressionable children and teenagers are, and how negative images in the media can influence their minds. What about individuals in early adulthood? In your readings this week you explored the topics of eating, dieting behaviors, and weight. As a medical professional, what can you do to help positively influence your patients to be body-positive while maintaining healthy eating, dieting and exercising habits?

**Option 2:** Your text presents an argument that in general, men speak in **report** form while women speak in **rapport** form.

- Do you find this to be true in your life experiences? If so, provide at least 2 examples. If you don't find the "report" versus "rapport" speak to be an accurate representation of how men and women speak, why not? Provide at least 2 examples.
- Do you believe that the way that men and women speak changes over their lifetime?

### Follow-Up Post Instructions

Respond to at least one peer. Further the dialogue by providing more information and clarification.

### Writing Requirements

- Minimum of 2 posts (1 initial & 1 follow-up)
- Minimum of 2 sources cited (assigned readings/online lessons and an outside source)
- APA format for in-text citations and list of references

### Grading

This activity will be graded using the Discussion Grading Rubric. Please review the following link:

- Link (webpage): [Discussion Guidelines](#)

### Course Outcomes (CO): 1

**Due Date for Initial Post: By 11:59 p.m. MT Recommended by**

**Wednesday Due Date for Follow-Up Posts: By 11:59 p.m. MT on Sunday**

**Posts must be on separate days.**