

Week 4 Discussion: Eating Disorders in Adolescence

Required Resources

Read/review the following resources for this activity:

- Textbook: Chapter 11, 12
- Lesson
- Minimum of 1 scholarly source (in addition to the textbook)

Initial Post Instructions

As a medical professional or counselor, there are times when you might encounter adolescents who are suffering from anorexia or bulimia. Come up with a patient profile including the following:

- Patient's age, weight, BMI
- Daily eating behaviors
- Possible causes of their anorexia or bulimia

As a follow-up to your initial post, your response post can propose a treatment plan.

- Diet
- Individual therapy
- Biological therapies (medications)
- Family therapy

Follow-Up Post Instructions

Respond to at least one peer. Further the dialogue by providing more information and clarification.

Writing Requirements

- Minimum of 2 posts (1 initial & 1 follow-up)
- Minimum of 2 sources cited (assigned readings/online lessons and an outside source)
- APA format for in-text citations and list of references

Grading

This activity will be graded using the Discussion Grading Rubric. Please review the following link: Link (webpage): [Discussion Guidelines](#)

Course Outcomes (CO): 2, 3, 4

Due Date for Initial Post: By 11:59 p.m. MT Recommended by

Wednesday Due Date for Follow-Up Posts: By 11:59 p.m. MT on Sunday

Posts must be on separate days.