

## PSYCH 110N Week 5 Discussion: Physical, Cognitive and Social Development & Sexuality

### Required Resources

Read/review the following resources for this activity:

- Textbook: Chapter 11, 12
- Lesson

### Initial Post Instructions

For the initial post, respond to one of the following options, and label the beginning of your post indicating either Option 1 or Option 2:

- **Option 1:** Human development includes cognitive, physical, social, and moral development processes throughout our lifespan. Choose one of the major developmental areas discussed in the text (cognitive, physical, social, or moral development) and briefly discuss its importance to human development. How would an individual's well-being be impacted without proper development of this developmental area? For example, what happens when someone is lacking in social developmental areas? Or what about the person who doesn't reach the level of post-conventional morality?