

Week 4 Discussion: Motivation and Emotion & Theories of Personality

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Required Resources

Read/review the following resources for this activity:

Initial Post Instructions For the initial post, respond to one of the following options, and label the beginning of your post indicating either Option 1 or Option 2:

Be sure to make connections between your ideas and conclusions and the research, concepts, terms, and theory we are discussing this week.

Follow-Up Post Instructions Respond to at least two peers or one peer and the instructor. If possible, respond to one peer who chose an option different than the one you chose. Further the dialogue by providing more information and clarification.

Writing Requirements

Textbook: Chapter 10,13 Lesson

Option 1: This week we learned about several different theories of motivation including, McClelland's theory of motivation, drive reduction theory, arousal approaches, incentive approaches, and Maslow's Hierarchy of Needs. Describe a recent accomplishment in your life and explain it in terms of at least two theories of motivation discussed in the text. Compare and contrast the theories of motivation you chose to explain your example. **Option 2:** In our reading this week, we learned about different theories of personality: psychodynamic, humanistic, biological and evolutionary, behavioral, and trait. Most of us have a favorite television show or movie we could watch on repeat. It is the personality of these characters that make the television shows and movies so enjoyable to watch.

After reviewing the theories of personality, think about one of your favorite TV characters or a TV character you find particularly interesting. After choosing your TV character, focus on a specific episode. Briefly describe the plot of the episode or situation within the episode in enough detail, so someone who hasn't seen the show before can understand. Explain the character's behavior in terms of one or more of the major personality theories. You can choose characters with "healthy" personalities or those with maladaptive or negative personalities. Be creative in your application of theory!

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Search entries or author

Grading

This activity will be graded using the Discussion Grading Rubric. Please review the following link:

Course Outcomes (CO): 5

Due Date for Initial Post: By 11:59 p.m. MT on Wednesday Due Date for Follow-Up Posts: By 11:59 p.m. MT on Sunday

Minimum of 3 posts (1 initial & 2 follow-up) Minimum of 2 sources cited (assigned readings/online lessons and an outside source) APA format for in-text citations and list of references

Link (webpage): Discussion Guidelines

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(<https://chamberlain.instructure.com/courses/63025/users/69954>)Renee Owens (Instructor) Apr 19, 2020

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You may begin posting in this discussion forum on Monday, May 25th.

This week, you have the option of choosing which topic to focus on for your initial response. You have the option of answering questions about Motivation and Emotion OR Theories of Personality for your initial response. For your follow up response, please respond to at least ONE classmate who chose a different initial response topic than you. For example, if you chose to discuss motivation and emotion for your initial response, make sure you respond to one person who chose theories of personality as their initial response. You must still respond to at least two classmates or one classmate and the instructor to meet your discussion requirements for the week.

Please be sure to review the discussion guidelines via the link provided above as to make sure you understand how discussions will be graded. Remember to cite all of your sources in APA format (in-text citations and list of references)

Initial response should be submitted by Wednesday, May 27th, 11:59 pm MT and discussion requirements need to be met by Sunday, May 31st, 11:59 pm MT.

Option 1: Motivation and Emotion

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Feldman (2018) discusses several different theories of motivation, such as drive reduction theory, McClelland's theory of motivation, arousal theories and incentive approaches for example. We are all driven and motivated by different things; some theories we read about this week may apply to you and some may not.

Option 2: Theories of Personality

Theories of personality are based on observations of how humans develop behavior patterns. Most of us have a favorite television show or movie we could watch on repeat. It is the personality of these characters that make the television shows and movies so enjoyable to watch.

After reviewing the theories of personality discussed in the textbook (psychodynamic, humanistic, biological and evolutionary, behavioral, and trait), think about one of your favorite TV characters or a TV character you find particularly interesting. After choosing your TV character, focus on a specific episode. Briefly describe the plot of the episode or situation within the episode in enough detail, so someone who hasn't seen the show before can understand. Explain the character's behavior in terms of one or more of the major personality theories. You can choose characters with "healthy" personalities or those with