Topic 6 DQ 1

How do facial expressions, verbal cues, and nonverbal cues each help us make social judgments? Explain and offer examples.

People utilize verbal and nonverbal signs to judge each other. Facial expressions express emotions. Tense jaws and lips indicate wrath, whereas a smile suggests kindness. Most nations have the same facial expressions; therefore, it's easy to judge someone's mood. Thus, most universal emotions can be reliably appraised. Still, in categories where words can be identical, such as surprise and delight or rage and disgust, it isn't easy to distinguish an individual's emotional state. Emotional pleasantness and excitement make up such an assessment. Anger and hate are unpleasant, but contentment and joy are pleasant. Fun and excitement differ from happiness and satisfaction. Anger and melancholy are also distinct. Verbal cues can be used to generate social evaluations and personality traits. Extroverts are talkative and chirpy. Gestures, postures, facial expressions, and physical appearance assist people to make social judgments. For instance, a guy with feet shoulder-width apart exudes strength. Slouching and avoiding eye contact are signs of shyness and insecurity (Grison & Gazzaniga, 2021).

Reference

Grison, S. & Gazzaniga, M. (2019). Psychology in your life (3rd ed.). New York, NY: Norton & Company, Inc.