

**Please describe:**

Client is a 30 yr old female with a PPHx of Bipolar d/o, MRE Depressed and a PMHx of tonsillectomy in 2010 who presents for an initial psychiatric evaluation.

states, "i have struggled with mental health and substance abuse (mh for 10yrs and sa 7yrs). i started struggling with anxiety after i quit gymnastics. i started therapy and had an individual therapist who later diagnosed me with and was started on Lexapro by a psychiatrist. i later observed that i was having periods where i would be happy, feel good and energized for a couple of days and would later be depressed and would be in the depressive state for some time. i was diagnosed with bipolar 2 yrs ago and was started on Abilify. my Lexapro was recently d/c when i went to RCA and was started on Lamictal." states her meds are effective and well-tolerated. reports her anx and depression makes her drink EtOH and states her last use of EtOH was Feb 12, 2022. reports drinking 1L Vodka daily x 45 days prior to going to RCA for detox. denies withdrawal symptoms and states she has "little cravings" for EtOH.

marital status: single

children: no

born and raised: born in Livingston, NJ and was raised in Linden, NJ

current residence: Jackson, NJ

early years of development (growing up): reports growing up in a good home, eldest of 4 children (2 sisters and a brother), raised by biological parents but parents divorced when she was 6. dad was involved in their care after the divorce, dad passed a few yrs ago. parents/siblings and relationship: has an excellent relationship with her siblings and mother and states they are very supportive.

highest level of education: college

employment: hiring representative at core staffing

PPHx:

provider, location and last appointment: none

PMHx: provider, location and last appointment: Dr Al-hawarri

Therapist, location and last appointment: starting with a therapist today, Elizabeth (doesn't remember her last name)

current meds:

Tri Femynor 1 tab po daily, Trazodone 150mg tabs po qHS, Buspar 15mg po BID, Abilify 10mg po qHS, Lamictal 25mg tabs po daily and Vistaril 50mg po BID

previous meds:

lexapro 10mg po daily