

WK7 Comprehensive Psychiatric Evaluation Presentation

My name is [REDACTED], I am the Psychiatric mental health nurse practitioner for Ms. H.S and I will be presenting her case today

CC (chief complaint): "I came to see a psychiatrist for my ADHD and anxiety"

HPI: H.S is a 25- year- old white female with a history of ADHD and Anxiety disorder who presents to the clinic today for initial psychiatric evaluation. The patient reports she has been diagnosed with anxiety and ADHD and was in therapy back in Utah. She states she was also diagnosed with PTSD due to childhood trauma but declines the need for any therapy for now regarding her PTSD. She states she just arrived in Houston from Utah and currently living with her parents. She reports symptoms of anxiety, worrying, depression, forgetfulness (forgets important meetings), social anxiety, bad communication, irritability, restlessness, trouble focusing, and concentrating at work (patient misreads and misinterprets written instructions and makes mistakes). She states her symptoms started in November of 2021 during her divorce. The patient states she recently went through a divorce with her now ex-husband in November of 2021 due to an abusive relationship. She states she and her ex-husband were married for 6 years before the divorce. The patient states she was hospitalized in November of 2021 because she attempted suicide by swallowing multiple pills but didn't specify the names of the pills. She states she has never been symptoms-free for any single period of time. She states she wants to replace her current anxiety medication to manage her symptoms better. The patient complains of getting easily irritable but denies irregular mood swings. She denies any sleep disturbance and a change in appetite. She states she sleeps 7 hours per night, sleeps through the night, and falls asleep in 15 mins. However, she reports she has nightmares. She denies any current SI/II/AVH.