

Questions and Responses

REMEMBER TO SWITCH THE CONVERSATION TO THE **MOM FIRST**



Miah Zavarro

21 months
2' 7" (79 cm)
23.0 lb (10.5 kg)

Reason for encounter
Swollen hands and feet in a 21-month-old

THESE ARE THE **KEY QUESTIONS; Make sure you get these!**

Question	Response
How can I help her today? (witness)	Her hands and feet are all swollen and I believe very painful. Both started at the same time. It's gotten progressively worse over the last two days. She doesn't want me to touch her hands. She won't pick anything up anything, and she refuses to hold anything in her hands.
Does she have any other symptoms or concerns we should discuss? (witness)	She's not eating well. Not playing. She's very quiet. And oh yeah, she says that her tummy hurts, and it does look a little swollen to me too. She doesn't want me to touch her there either.
Any problem moving her hand(s)? (witness)	Yes. I can tell it hurts her to move her hands.
Has she had any trauma to her hand(s)? (witness)	Not that I'm aware of.
Has she had any trauma to her abdomen? (witness)	No.
Has she had any trauma to her feet? (witness)	Not that I know of.

Question	Response
Is she taking any prescription medications? (witness)	No.
Has she ever been hospitalized? (witness)	No.
Can you tell me about any current or past medical problems she has had? (witness)	Nothing I am aware of, but I can only go on what I've seen since the time I adopted her.
Is she taking any over-the-counter or herbal medications? (witness)	I just give her ibuprofen now and then when she's sick or in pain.
Are her immunizations up to date? (witness)	Of course! And she has had all the usual well-baby and toddler checks since the time of her adoption.
Does she have any allergies? (witness)	None that I know of.
Are there any diseases that run in her family? (witness)	I adopted her from Haiti when she was a baby. I have no birth records or family history for her. I have no way of finding out about her birth family.

Question	Response
When did her abdominal pain start? (witness)	Two days ago, along with the hand and foot symptoms.
What are the events surrounding the start of the pain in her hand(s)? (witness)	I really don't know. I do know she had a little fever last week, up to 101.5, but by the next morning she was back to normal. Then this.
Is there a pattern to her abdominal pain? (witness)	Not that I can tell.
Does the pain in her abdomen come and go? (witness)	No. Not since it started.
Has she had swelling like this before? (witness)	She had a few really mild episodes in the past, but they resolved quickly. Nothing like it is now.
Has she had the pain in her hand(s) before? (witness)	Yes, but much milder. She was much smaller then and couldn't talk as well, but her hands were slightly swollen and she wouldn't hold things. This got better pretty rapidly on its own so I did not take her to be seen.
Does anything make the pain in her feet better or worse? (witness)	Movement or touching her feet makes the pain worse. Ibuprofen, fluids, and rest seem to relieve her pain somewhat.
Does anything make the pain in her abdomen better or worse? (witness)	She seems to get some relief with ibuprofen.
Has there been a change in her urination frequency? (witness)	Yes, she is peeing less often now but she is also not eating or drinking as much.
How severe (1-10 scale) is the pain in her feet? (witness)	She won't stand and even cries when I put her socks on.