

Pediatric Experience

Even though I lack experience in pediatrics, I am anxious and excited for this clinical rotation. Patient care with this age group will help enhance my knowledge. On my first day of clinical, I observed my preceptor and got to see well visits for infants, school-age, and adolescents, as well as some sick visits. It takes a lot of patience when dealing with pediatric patients and their family members. To be honest, I am concerned that I won't be able to maintain a healthy work-life balance during this rotation and have enough patience. Research shows that the more individuals experience job demands, such as work overload and time pressure, the more work-life conflict they experience (Boamah, et al, 2022). I want to make the most out of this clinical experience and truly provide exceptional patient care, but I also feel like the extra stressors may be a barrier. The strength I have with pediatric patients and their caregivers is utilizing effective communication techniques. I will stay at the patient's eye level when communicating, and communicate in their level of understanding.

Family and Family Roles

The definition of family is people that live together and function cohesively as a unit. I discovered that many patients that were seen were apart of a multigenerational household. This provided great family support in caring for the children. There were some situations where the grandmother brought their grandchild in for a well-child visit. In my family, I primarily take my children to their doctor's appointments. In my household this is mainly due to my flexible work schedule and my husband travels alot for work. My job as a pediatric FNP student is to provide education on areas the caregiver(s) are lacking in caring for the patient. This can be a challenge when working with families. I would do my best to not be judgmental or argumentative with them. For parent's that are against child vaccines, I would ask why to get more insight from their point of view and then educate them on the risks/benefits for the child. I would be respectful and informative to the caregiver.

Culture and Pediatrics

Being an RN for 5 years, I have always respected my patient's culture, even if their ideas or values are not the same as mine. In this rotation, my preceptor also speaks Spanish and he sees a good