

1. **Question:** A PMHNP is treating a 7-year-old child exhibiting signs of aggression and attention problems. Before suggesting an intervention using a common elements approach, what may the PMHNP consider?

Answer: **None of the above**

2. **Question:** A PMHNP is treating an 8-year-old child who was at a cousin's house during a domestic violence situation. Using a common factors model, the PMHNP wants to pay attention to cultivating the relationship with the parents and child. After the child talks about how nervous he or she has been since witnessing the trauma, what is an appropriate response by the PMHNP?

Answer: **All of the above**

3. **Question:** A PMHNP is meeting with the mother of a 10-year-old boy named Malik, who has been depressed since his parents' divorce. The mother explains that her goal for treatment is to help Malik feel better so he can become his "usual outgoing self." She insists that she does not want him on medication. Which is the best response by the PMHNP?

Answer: **"We will come up with a treatment plan that takes into account your goals and preferences."**

4. **Question:** A PMHNP is meeting with parents and their 10-year-old child. The child is having trouble paying attention at school and has been getting easily frustrated at home when doing homework, which often results in everyone arguing. What step might the PMHNP take as part of a family-centered, solution-oriented approach?

Answer: **All of the above**

5. **Question:** A PMHNP is holding a group therapy session for a father and his 10-year-old son, whom the father explains has been acting out lately. The son says, "He is always telling me what to do and never listens when I have an idea." Which solution would the PMHNP most likely suggest as an approach to the problem?

Answer: **Role-playing exercises**

6. **Question:** A 14-year-old girl named Laura and her parents are meeting with a PMHNP. The parents explain why they are there by saying, "Laura has been unhappy since she moved to a new school. She has been moody and often talks back to us." Laura sits quietly and looks uncomfortable. Which is the best response by the PMHNP?

Answer: **"Laura, can you explain from your perspective why you are here?"**