

User

Course **NURS-6630N-28-Approaches to Treatment-Spring-QTR-Term-wks-1-thru-11**

Test **Quiz - Week 9**

Status Completed

Attempt Score **75 out of 75 points**

Time Elapsed 37 minutes out of 1 hour

Results All Answers, Submitted Answers, Correct Answers, Feedback
Displayed

• Question 1

John is a 41-year old-patient who presents to the clinic with diarrhea, fatigue, and recently has been having tremors. He was diagnosed with bipolar disorder and is currently managed on Lithium 300mg BID. As the PMHNP, you decide to order a lithium level that comes back at 2.3mmol/L. What is the best course of action?

Selected Answer:

c.

Tell John he needs to go to the hospital and call an ambulance to bring him.

Answers:

a.

Investigate other differential diagnoses for his symptoms.

b.

Tell John to skip his next four Lithium doses and resume therapy.

c.

Tell John he needs to go to the hospital and call an ambulance to bring him.

d.

Prescribe loperamide to treat the diarrhea and ropinirole to treat the tremors

• Question 2

Stephanie is a 36-year-old female who presents to the clinic with a history of anxiety. Social history is unremarkable. For the last 4 years she has been on paroxetine, however she feels "it just doesn't work anymore." You have decided to change her medication regimen to vortioxetine 5mg per day based on tolerability. The patient states, "I can't even last 1 more day without feeling like my insides are going to explode with anxiety." What course of action would be best?

Selected Answer:

b.

Prescribe a short-term course of low dose benzodiazepine, such as alprazolam.

Answers:

a.

Inform the patient to try yoga or other natural remedies until the anxiety improves.