

Topic 7 DQ 1

Propose strategies for disseminating your evidence-based practice project proposal. Consider the necessary stakeholders who need to review or approve the proposal (both internal and external) and what methods you will use to communicate.

Evidence-based practice (EBP) is the objective, balanced, and responsible use of current research and the best available data to guide policies and practice decisions for the enhancement of patients' outcomes (NIC, 2017). Formulating effective techniques to disseminate evidence is critically important especially when considering distributing information to policy makers. According to Melnyk & Fineout-Overholt, (2019) it is vital to adhere to the two basic principles which are consistent with components of the evidence information health policy (EIHP). Firstly, the body of evidence should be clear, persuasive, unambiguous and appropriate to be successfully considered influential to policy development. Secondly, data should be prepared with sensitivity to policy makers/stakeholders' values, ethics, and constitution needs (Melnyk & Fineout-Overholt, 2019). The methodology to be used to present my EBP will be done via oral presentation, this approach offers powerful and vibrant opportunities to communicate and gain knowledge while enhancing clinical expertise pertaining to EBP.

References

Melnyk, B.M. & Fineout-Overholt, E. (2019). *Evidence-based practice in nursing and healthcare* (4th ed.) https://bibliu.com/app/#/view/books/9781496386892/epub/OEBPS/xhtml/17_chapter19.html#page_539

National Institute of Corrections. (NIC). (2017). Evidence-based practices. (EBP). <https://nicic.gov/projects/evidence-based-practices-eb>

Melnyk, B.M. & Fineout-Overholt, E. (2019). *Evidence-based practice in nursing and healthcare* (4th ed.) https://bibliu.com/app/#/view/books/9781496386892/epub/OEBPS/xhtml/51_glossary.html#page_782 check

EBP is defined as the use of the best scientific evidence, integrated with clinical experience and incorporating patient values and preferences in the process of professional nursing care.

The purpose of evidence-based practice (EBP) is to utilize current best evidence in decision making provide efficient patientcare for the enhancement of patient outcomes. Effective dissemination is characterized by positive engagement of the targeted audience, which