

Week 5 DQ 1

****at least 3 References****

What are some of the obstacles or barriers to implementing evidence-based practice (EBP) in nursing? Explain how at least one of the obstacles you have described could impact the implementation for your EBP project.

Answer:

There are multiple barriers one could encounter when implementing evidence-based practice (EBP) in nursing. As advanced degree prepared nurses, it is our responsibility to promote safe, quality care focused on the patient (Boehm et al., 2020) and ensure improved outcomes. Utilizing the EBP approach to nursing practice helps us provide the highest quality and most cost-efficient patient care possible. Just a few obstacles to implementing EBP and their impact are:

- Insufficient EBP knowledge and skills of nurses. EBP requires research, extensive knowledge, education, and skills from nurses, which, when lacking, may create difficulties in implementing the EBP.
- Misperceptions. Misperceptions of staff that the implementation of EBP requires more time may also hinder its success (Hain & Kear, 2015). In addition, many nurses are resistant to change, whether due to lack of knowledge or the mentality of “this is the way we have always done it.”
- Organizational culture. The success of EBP depends upon the organizational culture and its policies. Negative organizational cultures and poor or rigid policies may hamper the success of EBP.
- Inadequate support from nurse leaders and managers. Leaders are the key players in the development and implementation of EBP in any organization; therefore, insufficient support from the leaders will negatively impact the success of the EBP.
- Insufficient time. Whether heavy patient load, high-level acuity patients, inadequate staffing, or family obligations, nurses are busy! EBP involves time to research, educate, and implement. Studies have shown that many healthcare professionals have a positive attitude towards EBP proposals and implementing change. Still, admittedly, EBP was not always as high of a priority compared to specific activities such as EBP that affect