## NUR 514 Topic 4 DQ 1

Explain how health care policy affects health care organizations, patient care, and cost-effective quality care. What measures can the nurse leader take as an advocate for patientcare and addressing health care cost?

## Answer:

Healthcare policies exist to promote the health of citizens. They are "principles, stated or unstated, that characterize the distribution of resources, services, and political influences that impact the health of the population" (Weberg et al., 2019). Some of these policies affect both states and the country as a whole. For example, the Patient Protection and Affordable Care Act (PPACA or ACA) is a federal statute that provides Americans access to health care that is affordable and focused on quality.