

Topic 4, DQ 4-1

Compare two nursing theories. How do they differ based on their intent, scope, and goals? Which one might be more relevant to your future role, and why?

Studying and researching nursing theories, I am going to compare Jean Watson's theory and Madeleine Leininger's theory.

Watson's theory focuses on human caring. The intent of the theory is to promote health in nursing care as the essential of nursing. The theory emphasizes the relationships between nurses and patients. The scope of the theory varies from the individual's views and their experiences. The theory addresses physical, emotional, spiritual and psychological care that advocates to promote well being with harmony with the patient's mind, body and spirit. The theory encourages nurses to practice beyond their routine tasks and connect with patients at a meaningful level. The goal of the theory is to promote and restore health and prevent illness. The theory focuses on the harmony of physical, mental and social relationships.

Madeleine Leininger's theory emphasizes collaboration of diverse cultures to provide better nursing care to the patients. The intent of the theory is to focus on cultural harmony including understanding and respecting diverse cultural beliefs and values. Theory scope is wide from simple cultural background to complex diversity of cultures. The competency of diverse cultures to enhance their practices of care. Theory goal is to provide better nursing service by collaborating with diverse cultures. Understanding, respecting and accepting different cultural backgrounds shall provide the best nursing care to the patients.

Working in long-term care facilities, Madeleine Leininger's theory shall help to provide better nursing service to the patients or elderly populations. Elderly populations or disabled populations reside in long-term care facilities who have diverse cultural backgrounds. As advanced nurse practitioners and primary care providers, understanding, respecting and accepting different cultures from