

NRS 430V Topic 4 DQ 2

Outline the concept of professional accountability as it pertains to nursing. Provide examples of how a nurse demonstrates professional accountability in clinical expertise, the nursing process, and evidence-based practice. How do you incorporate self-care that includes mental health and spiritual well-being for you and your clients? What does the Bible say about self-care?

Answer:

Nursing is the most trusted profession and as nurses we should be held accountable for what we do because after all we are dealing with people's lives.

"The American Nursing Association's Code of Ethics defines professional accountability as being, answerable to oneself and others for one's own actions. Not only do we hold high clinical practice and ethical standards for ourselves, but we must also be willing to accept professional responsibility when or if deviations from care standards occur", (Davis, 2017).

We face challenges every day and as our job demand increases. We balance our workloads with higher acuity patient assignments and greater nurse-patient ratios. We use protocols and processes that are linked to positive clinical outcomes so that every patient receives the safest and best-quality care possible. The number of patients with chronic illnesses and complex disease processes are increasing and we must be professionally accountable for expanding our