

NRS 430V Topic 3 DQ 2

Discuss the difference between a nursing conceptual model and a nursing theory. Select a nursing theory used in health care and provide a concise summary of it. Provide an example of how this nursing theory would be effective in managing client care.

Answer:

Conceptual models and theories are structures that provide nurses with a perspective of the patient and the professional practice. Conceptual models provide structure for a phenomenon, direct thinking, observations, and interpretations and further provide direction for actions. A conceptual model broadly explains phenomenon of interest, expresses assumption, and reflects a philosophical stance. Conceptual model is an image of a phenomenon. A theory in contrast represents a set of defined concepts that offers a systematic explanation about how two or more concepts are interrelated. Theories can be used to describe, explain, predict, or control the phenomenon that is of interest to a researcher (Premkumar, et al.)

Sister Callista Roy's adaptation model focuses on how individuals cope after a stimuli and manifest adaptive behaviors in Roy's adaptation theory, nursing assessment and interventions that promote adaption is purported. On the basis of this premise the researcher can choose a