

NRS 430V Topic 2 DQ 1

Define critical thinking and evidence-based practice. Discuss what critical thinking in nursing practice entails and explain why it is important. Discuss the role of critical thinking and evidence-based practice as they relate to client outcomes.

Answer:

Critical thinking is purposeful thinking that uses the skills of problem solving, decision making, evaluation, and metacognition to resolve conflicts, arrive at solutions and understand depth. It is that part of the creative thinking process that analyzes and evaluates the appropriateness and logicalness of the creative process or outcome (Salem Press Encyclopedia, 2021).

According to PLoS ONE, evidence-based practice (EBP) is the application of the best scientific evidence for clinical decision-making in professional patient care. The nursing staff is the largest health professional group in all health care sectors, working indirect patient care, assessing patients' needs, and making long-term choices on nursing interventions. If nurses use EBP to improve their continuous education, it will benefit their ability to improve the quality of care they provide to patients.