

## Exam Midterm

**1. The ARNP asks the patient “Has there ever been a period of a week or more when you were the opposite of depressed with super high energy and little need for sleep?” to assess for which of the following diagnoses?**

A Bipolar disorder

.

B Substance use disorder

.

C Major depressive disorder

.

D Persistent depressive disorder  
(dysthymia)

**2. The ARNP asks the patient “Has there ever been a period of a week or more when you were the opposite of depressed with super high energy and little need for sleep?” to assess for which of the following diagnoses?**

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B Substance use disorder

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C Major depressive disorder

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D Persistent depressive disorder  
(dysthymia)

**3. Applied behavioral analysis is typically indicated for which of the following disorders?**

A Anxiety disorder

.

B Depressive disorder

.

C Autism spectrum  
disorder

.

D Oppositional defiant  
disorder

.

**4. Which of the following is true regarding prescribing guidelines?**

- A Prescribing guidelines have formal legal status
- .
- B Guidelines are intended to apply to every individual for consistency and safety.
- .
- C The prescriber, not the prescribing guideline, has responsibility for the treatment.
- .
- D The prescriber following the prescribing guidelines will be legally protected if there is an adverse response to the treatment.
- .

**5. ADHD, impulse-control, conduct disorder, and intellectual disabilities and anxiety disorders are predominant during which of the following age ranges?**

- A Ages 0–5
- .
- B Ages 6–12
- .
- C Ages 13–18
- .
- D Ages 18+
- .

**6. Which of the following is inconsistent with what is known about prolonged sleep deprivation?**

- A Prolonged sleep deprivation leads to death.
- .
- B Prolonged sleep deprivation leads to severe physical impairment.
- .
- C Prolonged sleep deprivation leads to severe cognitive impairment.
- .
- D Prolonged sleep deprivation while annoying and frustrating is not life threatening.
- .

**7. When the patient lacks capacity to make a decision the nurse has the ethical responsibility to do which of the following?**

- A Become a surrogate decision maker for the patient.
- .
- B Consult a formally-designated surrogate for patient choices.
- .
- C Make safe choices for the patient based on the nurse's beliefs and values.
- .