

1. **Question:** Concerns when treating geriatric patients with psychotherapeutic drugs include all of the following EXCEPT:

✓A. Elderly persons may be more susceptible to adverse effects of psychotherapeutic drugs.

✓B. Elderly persons may metabolize psychotherapeutic drugs more slowly.

C. Elderly persons may metabolize psychotherapeutic drugs more rapidly.

✓D. Elderly persons may excrete psychotherapeutic drugs more slowly.

2. **Question:** The treatment of others equitably and distribution of benefits/burdens fairly is known as which of the following?

A. Fidelity

✓B. Justice

C. Beneficence

D. Non-maleficence

3. **Question:** Persons who subordinate their own needs to those of others, get other to assume responsibility for major areas of the lives, lack self-confidence, and may experience intense discomfort when alone for more than a brief period of time are demonstrating characteristics consistent with which of the following personality disorders?

A. Avoidant personality disorder

B. Passive personality disorder

✓C. Dependent personality disorder

D. Antisocial personality disorder

4. **Question:** According to Sullivan, which of the following are consistent with a mentor/mentee relationship?

A. Mentors are assigned

B. Mentor relationships are shorter term

✓C. Goals for the mentoring relationship are set mutually.

D. A and B only

5. **Question:** A form of child abuse in which a parent or caretaker repeatedly fabricates or actually inflicts injury or illness in a child for whom medical intervention is then sought, often in an emergency setting, is known as which of the following?
- A. Korsakoff's syndrome
 - B. Snyder's syndrome
 - C. Munchausen syndrome
 - ✓D. Munchausen syndrome by proxy
6. **Question:** The need for nurse practitioners to practice to the full extent of their education and training is necessary for which of the following reasons? Select all that apply.
- A. The growth in number and proportion of older Americans
 - ✓B. The projected primary care physician shortage by 2025
 - ✓C. Increased number of individuals who have access to healthcare
 - ✓D. The economic push for cost-effective healthcare
7. **Question:** The ARNP assessing lifestyle as a social determinant of health would ask about which of the following?
- ✓A. Diet
 - B. Education
 - C. Health literacy
 - D. Inherited diseases
8. **Question:** In educating the patient beginning to take Lithium, the ARNP explains which of the following related to diet and fluid intake?
- A. Caffeine and alcohol act as hydration agents and can raise your lithium concentrations.
 - B. Drink at least a gallon or more of water per day and limit your salt intake.
 - C. If you go on a diet, your doctor may need to increase frequency of blood tests.
 - ✓D. All of the above

9. **Question:** The goal of psychotropic treatment is to eliminate all manifestations of a disorder to below the syndromal threshold, which is defined as which of the following?
- A. Response
 - ✓B. Remission**
 - C. Resistance
 - D. Sensitization
10. **Question:** The NP can impact health policy and healthcare by doing which of the following?
- A. Become an active member of local, state, and/or national NP organizations.
 - B. Become familiar with the resources available on NP organization websites.
 - C. Volunteer to serve on legislative committees within professional NP organizations.
 - ✓D. All the above**
11. **Question:** A term used to describe individuals and families who are found to live in overcrowded homes, relocate frequently, and struggle to pay rent and monthly expenses is which of the following?
- A. Homelessness
 - B. Housing instability
 - C. Transiency
 - ✓D. A and B**
12. **Question:** Which of the following is consistent with current literature regarding the epidemiology of dependent personality disorder?
- A. Dependent personality is more common in men than in women.
 - B. Dependent personality disorder is more common in young children than in older ones.
 - ✓C. Persons with chronic physical illness in childhood may be most susceptible to this disorder.**
 - D. B and C only

13. **Question:** Patients who injure themselves by self-mutilation (i.e., cutting their skin) but who usually do not wish to die are said to have which of the following?
- A. Suicide intent
 - B. Suicidal ideations
 - ✓C. Parasuicidal behavior
 - D. Aborted suicide attempt
14. **Question:** The NP preceptor should have which of the following?
- A. Knowledge of the NP role
 - B. The ability to be a role model for the preceptee
 - C. Solid clinical skill set in the specialty for which the NP student is being precepted
 - ✓D. All the above
15. **Question:** The treatment of choice for patients with histrionic personality disorder include which of the following?
- A. Psychoanalytic oriented individual psychotherapy
 - B. Psychoanalytic oriented group psychotherapy
 - C. Exposure therapy
 - ✓D. A or B
16. **Question:** The antipsychotics which are most likely to cause neuroleptic-induced parkinsonism are which have which of the following effects?
- A. High potency drugs with low levels of anticholinergic activity.
 - B. Low potency drugs with low levels of anticholinergic activity.
 - ✓C. High potency drugs with high levels of anticholinergic activity.
 - D. Low potency drugs with high levels of anticholinergic activity.
17. **Question:** Treatment aimed at reducing intimate partner violence and domestic violence includes which of the following?
- A. Enhancing self-efficacy of the victim.
 - B. Reducing recidivism of the abuser.

C. Hormonal therapy for the perpetrator of abuse

✓D. A and B only

18. **Question:** A patient presents with a formal, tense manner. He reluctantly reports a longstanding (since early adulthood) pervasive suspiciousness of others, preoccupied with trustworthiness of friends, unjustified concerns about others deceiving him, angry about perceived insults and slights, reluctant to confide in the ARNP. The ARNP suspects the patient likely has which of the following personality disorders?

A. Schizoid personality disorder

✓B. Paranoid personality disorder

C. Borderline personality disorder

D. Antisocial personality disorder

19. **Question:** Which of the following is consistent with current perspectives on nurse practitioner competencies?

✓A. The National Organization of Nurse Practitioner Faculties has developed a list of core competencies that all students should have upon graduation from a master's program.

B. Nursing specialty organizations DO NOT publish competencies for NPs who provide care in specialty areas.

C. Employers DO NOT establish their own set of competencies.

D. There are national standards for judging/evaluating nurse practitioner competencies.

20. **Question:** Which of the following core competencies are quality competencies?

A. Uses best available evidence to continually improve quality of practice.

B. Integrates ethical policies in decision making.

C. Evaluates the relationships among access cost quality safety and their influence on healthcare.

✓D. A and C

21. **Question:** Which of the following are criteria for a particular suicide to be considered inevitable?

- A. Strong genetic history of suicide in one or more family members.
- B. A strong genetic loading of mental illness in the family.
- C. The patient must have received the highest standard of treatment and that treatment failed.

✓D. All of the above.

22. **Question:** The misuse of the charge's funds for personal gain is known as which of the following?

- A. Neglect
- B. Physical abuse

✓C. Financial abuse/exploitation

D. Emotional/psychological abuse

23. **Question:** Which of the following professionals would be able to precept a nurse practitioner student?

- A. An advanced registered nurse practitioner
- B. A physician
- C. A unlicensed social worker

✓D. A and B

24. **Question:** According to Freud, passive and dependent personality traits are associated with which stage of development?

✓A. Oral stage

- B. Anal stage
- C. Phallic stage
- D. Latency stage

25. **Question:** Self-injurious behavior with a nonfatal outcome, accompanied by explicit or implicit evidence that the person intended to die, is most specifically known as which of the following?

- A. Suicide
- B. Suicide intent
- C. Suicide attempt
- D. Aborted suicide attempt

26. Question: The incidence of suicide is highest for which of the following populations?

- A. Older Latino men
- B. Older Caucasian men
- C. Older Caucasian women
- D. Older African American men

27. Question: "Assumes complex and advanced leadership roles to initiate and guide change" is a NP core competency for which NP competency area?

- A. Policy competencies
- B. Quality competencies
- C. Leadership competencies
- D. Practice inquiry competencies

28. Question: At a minimum, a psychiatric evaluation in an emergency should include which of the following? Select all that apply.

- A. Is the patient psychotic?
- B. Is the patient suicidal or homicidal?
- C. Is the problem organic, functional, or a combination?
- D. Is it safe for the patient to be in the emergency room?

29. Question: Which stage of the cycle of domestic violence is characterized by the abuser subconsciously implementing defense mechanisms and cognitive distortions to alleviate the ego dystonic implication of the abuse?

- A. Sweetheart phase
- B. Honeymoon phase

C. Tension building phase

✓D. Defensive phase

30. Question: An ARNP takes a position in which the ARNP is guaranteed a set salary but can make additional salary if he or she generates practice income over some set amount. This is known as what type of pay structure?

A. Fee for service

B. Average percentage of net receipts

✓C. Base salary plus percentage

D. Hourly rate with bonus 1 points

31. Question: A patient with history of schizophrenia, currently prescribed Haldol, presents to the emergency department with hyperthermia, muscle rigidity, autonomic instability, and elevated phosphokinase. The ARNP recognizes these symptoms are consistent with which of the following psychiatric emergencies?

A. Nutmeg intoxication

B. Bromide intoxication

✓C. Extrapyramidal symptoms

D. Neuroleptic malignant syndrome

32. Question: Patients with extreme sensitivity to rejection who are socially withdrawn because they consider themselves socially inept, although are not asocial, and show a great desire for companionship are demonstrating symptoms most consistent with which of the following personality disorders?

A. Narcissistic personality disorder

✓B. Avoidant personality disorder

C. Borderline personality disorder

D. Schizoid personality disorder

33. Question: Non-pharmacological treatment for abuse includes all of the following EXCEPT:
- A. Cognitive behavioral therapy
 - B. Build a community of support
 - C. Assist patient to devise safe escape plan
 - ✓D. Involve the abuser in the treatment planning
34. Question: Obsessive-compulsive, dependent, and avoidant personality traits are associated with which of the following personality clusters
- A. Cluster A
 - B. Cluster B
 - ✓C. Cluster C
 - D. Cluster D
35. Question: Which of the following is the therapeutic blood level range for lithium?
- A. 0.2-1.0 mEq/L
 - B. 0.3-0.8 mEq/L
 - ✓C. 0.3-1.2 mEq/L
 - D. 0.5-1.5 mEq/L
36. Question: The obligation to not inflict harm or balancing unavoidable harm with benefits of good achieved is known as which of the following?
- A. Fidelity
 - B. Beneficence
 - ✓C. Non-maleficence
 - D. Respect for autonomy
37. Question: Which of the following is not consistent with guidelines for a mentor?
- A. Reassure the mentee that the mentor is available at any time of need.

B. Review basic concepts to ensure the mentee has the fundamentals prior to starting the mentoring process.

C. Be prepared to fill the meeting time with specific issues and objectives.

✓D. Be specific and kind when giving constructive feedback that may not be what the mentee might want to hear.

38. Question: An ARNP takes a position in which a specific amount is paid according to a set job description. This type of pay structure is known as which of the following?

A. Straight salary

B. Average percentage of net receipts

C. Base salary plus percentage

✓D. Hourly rate

39. Question: Acknowledging a person's right to make choices, to hold views, and to take actions based on personal value is known as which of the following?

A. Justice

B. Fidelity

C. Beneficence

✓D. Respect for autonomy

40. Question: Narcissistic, borderline, antisocial, and histrionic subtypes are associated with which of the following Personality disorders?

A. Cluster A

✓B. Cluster B

C. Cluster C

D. Cluster D

41. Question: Using the LIAASE: A General Cultural Competence Tool, the ARNP would do which of the following?

A. Agree to disagree on differences in values.

B. Solicit other options or points of view.

C. Acknowledge and validate powerful emotions when expressed.

✓D. All of the above.

42. Question: Being knowledgeable about one's own thoughts, feelings, and sensations as well as the ability to reflect on how these can affect one's interactions with others is known as which of the following?

✓A. Cultural Awareness

B. Cultural

Competence

C. Cultural Humility

D. Cultural Sensitivity

43. Question: The ARNP recognizes which of the following as long-term effects of sex trafficking on victims?

A. Severe depression

B. Spiritual questions

C. Trauma bonding

✓D. All of the above

44. Question: Which of the following is used for treating alcohol-dependent individuals seeking to continue to remain alcohol free after they have stopped drinking?

A. Tacrine

B. Amantadine

C. Galantamine

✓D. Acamprosate

45. Question: All of the following are risk factors for sexual assault EXCEPT

✓A. Religion

B. Serious mental illness

C. Substance use disorder

D. Family history of sexual abuse

46. Question: A personality disorder characterized by emotional constriction, orderliness, perseverance, stubbornness, indecisiveness, and a pervasive pattern of perfectionism and inflexibility is known as which of the following?

- A. Depressive personality disorder
- B. Borderline personality disorder
- C. Dependent personality disorder

✓D. Obsessive-compulsive personality disorder

47. Question: A patient with a history of alcohol use presents to the emergency department with oculomotor disturbances, cerebellar ataxia, and confusion. The ARNP recognizes these symptoms as consistent with which of the following psychiatric emergencies?

- A. Akathisia
- B. Korsakoff's syndrome
- C. Wernicke's encephalopathy

✓D. Idiosyncratic alcohol intoxication

48. Question: A patient on lithium with a history of alcohol use disorder presents with dry mouth, ataxia, dizziness, abdominal pain, and slurred speech. The ARNP should do which of the following?

A. The ARNP recognizes this is likely a relapse on alcohol so sends the patient home to sleep it off.

✓B. The ARNP recognizes these are symptoms of mild to moderate lithium toxicity, decreases the lithium by half, and encourages the patient to drink more fluids.

C. The ARNP recognizes these are symptoms of mild to moderate lithium toxicity, discontinues the lithium immediately, orders lithium level, serum electrolytes, and renal function tests.

D. The ARNP recognizes these are symptoms of moderate to severe lithium toxicity, discontinues the lithium and tells the patient hemodialysis will most probably be needed.

49. Question: "Walking on eggshells" and appeasement and avoidance behaviors by the victim is characteristic of which phase of the cycle of domestic violence?

- A. Honeymoon phase
- B. Abusive incident phase
- C. Tension-building phase
- ✓D. Refractory phase

50. Question: Which of the following is inconsistent with current literature about victims of sexual abuse?

- ✓A. All victims of sexual abuse are aware that they are in an abusive relationship.
- B. Victims of sexual abuse may willingly participate in sexual acts with an idolized authority figure.
- C. The pre-existing relationship and familiarity with the abuser may impede the victim's ability to make rational decisions.
- D. The victim may make excuses for the abuser's behavior.

51. Question: Self-care strategies for the ARNP in preparing for the certification exam include all of the following EXCEPT:

- A. Study in a distraction free environment.
- B. Six to eight hours of sleep is recommended.
- C. Drink lot of caffeine and eat high-concentrated sugars.
- ✓D. Plan to study for short periods of time over a longer time period.

52. Question: Which stage of the cycle of domestic violence is characterized by overt aggressive behavior towards the victim?

- A. Tension building phase
- ✓B. Abusive incident
- C. Honeymoon phase
- D. Planning phase

53. Question: A term that defines a person who has distress with clinical symptomatology because their gender identity is not consistent with gender assigned at birth is which of the following?

A. Cisgender

B. Gender fluid

C. Pangender

✓D. Gender dysphoria

Question: A patient with an inability to conform to the social norms that ordinarily govern many aspects of a person's behavior is consistent with which of the following personality disorders?

A. Avoidant personality disorder

✓B. Antisocial personality disorder

C. Borderline personality disorder

D. Narcissistic personality disorder

54. Question: The treatment of choice for patients with paranoid personality disorder includes which of the following?

A. Group therapy

B. Behavioral therapy

C. Psychotherapy

✓D. B and C

55. Question: In about half of the cases in which suicides occur while patients are on a psychiatric unit, a lawsuit results. Which of the following is not consistent with what courts expect related to inpatient psychiatric unit suicide events?

A. Courts expect suicides to occur in inpatient settings.

✓B. Courts require zero suicide rates in inpatient setting.

C. Periodic patient evaluation for suicide risk

D. Evidence of formulation of a treatment plan with a high level of security

56. Question: Type of employment in which either party may terminate for any reason at any time is known as which of the following?

A. Locum tenens

B. At will employment

C. Employment by contract

D. Profit sharing employment

57. Question: Which of the following medical conditions can present with prominent mental status changes that mimic common psychiatric illnesses? Select all that apply.

A. Diabetes Mellitus

B. Thyroid disease

C. AIDS

D. Head trauma

58. Question: According to the AANP Process of Care Standards, performing or ordering preventative and diagnostic procedures based on the patient's age and history is part of which of the following components?

A. Assessment of health status

B. Development of a treatment plan

C. Implementation of the treatment plan

D. Care priorities

59. Question: A patient on Lithium and Quetiapine presents to the emergency room with anorexia, persistent nausea and vomiting, blurred vision, choreoathetoid movements, muscle fasciculations, and hyperactive deep tendon reflexes. The ARNP should do all of the following EXCEPT:

A. Discontinue the Lithium.

B. Obtain vital signs, and obtain a neurological evaluation with complete formal mental examination.

C. Obtain lithium level, serum electrolytes, renal function tests and ECG.

D. Give activated charcoal to remove unabsorbed Lithium.

60. Question: A patient currently on risperidone presents to the emergency department with increased agitation, restlessness, muscle discomfort, and dysphoria. The APRN recognizes these symptoms of akathisia and recommends which of the following? Select all that may apply.

A. Reduce antipsychotic dosage

B. Benztropine IM

C. Benadryl po or IM

✓D. B and C only

61. Question: In order to qualify for ANCC board certification testing you must have a minimum of how many supervised clinical hours in the respective specialty for which you are seeking certification?

A. 300 supervised clinical hours

✓B. 500 supervised clinical hours

C. 600 supervised clinical hours

D. 800 supervised clinical hours

62. Question: In the judicial system one organization may publish one standard of care and an expert may testify to an alternate version of the standard of care. In this scenario who is the final arbiter of the standard of care?

✓A. The organization where the practitioner worked at the time

B. The judicial system

C. The expert testifying

D. The professional organization for the practitioner

63. Question: Low health literacy has been linked with which of the following?

A. Poor health outcomes

B. lower rates of hospitalization

C. Less frequent use of preventive services

✓D. All of the above

64. Question: A patient appears odd, with a pervasive history of magical thinking, ideas of reference, illusions and derealization. This is consistent with which of the following personality disorders?

A. Schizoid personality disorder

B. Paranoid personality disorder

✓C. Schizotypal personality disorder

D. Avoidant personality disorder

65. Question: Which of the following medications is associated with Ebstein's anomaly when given during pregnancy?

A. Haldol

✓B. Lithium

C. Valproic acid

D. Chlorpromazine

66. Question: Which of the following symptoms of borderline personality disorder assist in differentiating borderline personality disorder from schizophrenia?

A. Chronic feelings of emptiness

B. Prolonged psychotic episodes

C. Demand extraordinary

relationships

✓D. A and C only

67. Question: A patient presents and is unapproachable, with poor eye contact, reporting a lifelong pattern of isolation, uncomfortable with human interaction, and constricted affect. This presentation is consistent with which of the following personality disorders?

✓A. Schizoid personality disorder

B. Borderline personality disorder

- C. Avoidant personality disorder
- D. Schizotypal personality disorder

68. Question: Nurse practitioner preceptors should have at least how much experience as a nurse practitioner in the relevant specialty prior to precepting?

- A. A minimum of 6 months of experience as a licensed NP in the specialty
- B. A minimum of 9 months of experience as a licensed NP in the specialty
- C. A minimum of 1 year of experience as a licensed NP in the specialty
- ✓D. A minimum of 2 years of experience as a licensed NP in the specialty**

69. Question: The ARNP is working with a patient who has a heightened sense of self-importance and grandiose feelings of uniqueness. The patient also lacks empathy for others, although is very sensitive to minor criticism. The ARNP recognizes these symptoms as consistent with which of the following personality disorders?

- A. Schizotypal personality disorder
- B. Borderline personality disorder
- ✓C. Narcissistic personality disorder**
- D. Histrionic personality disorder

70. Question: The emotional burnout and lack of empathy towards clients that healthcare providers experience after treating victims of trauma is known as which of the following?

- ✓A. Compassion fatigue**
- B. Primary traumatization
- C. Transference
- D. Countertransference 1 points

71. Question: The ARNP recognizes which of the following as short-term effects of sex trafficking on victims?

- A. Depersonalization
- B. Post-traumatic stress disorder

C. Higher risk behaviors (i.e., drug and alcohol abuse)

✓D. A and C only

72. Question: According to Freud, stubborn, parsimonious, and highly conscientious traits are associated with which stage of development?

A. Oral stage

B. Anal stage

✓C. Phallic stage

D. Latency stage

73. Question: Risk factors for school violence include which of the following? Select all that apply.

✓A. Bullying

✓B. Being bullied

✓C. Isolation

D. Involvement in school organizations

74. Question: As a PMHNP, one of the most common areas you will counsel your patients about is the importance of sleep hygiene. Which of the following is NOT consistent with common recommendations for good sleep hygiene?

A. Avoid alcohol and caffeine.

✓B. Set a cool room temperature.

C. Set TV to turn off within 1 hour of falling asleep.

D. Go to bed at the same time each night.

75. Question: Affirmatively acting to benefit another or others, going beyond what is required by law is known as which of the following?

A. Fidelity

B. Justice

C. Beneficence

D. Non-

maleficence

76. Question: The term "suicide survivor" refers to which of the following?

A. Those who have lost a loved one to suicide.

B. Someone who has attempted suicide but failed.

C. Only those who have had a serious suicide attempt with a near death experience.

D. This is an ambiguous term that should not be used.

77. Question: Curriculum content that supports the NP scientific foundation competency area includes which of the following? Select all that apply.

A. Comparison of patient data sets with evidence-based standards to improve care

B. Science from other disciplines relevant to health care

C. High reliability organization principles.

D. Compliance issues related to patient privacy with use of technology.

78. Question: In *Canterbury v. Spence* the U.S. Court of Appeals for the District of Columbia Circuit listed physician responsibilities for disclosure. Which of the following is not listed as a responsibility?

A. Adopt a standard of full disclosure with patients.

B. Alert the patient to symptoms of bodily abnormality.

C. Inform the patient when the ailment does not respond to the physician's ministrations.

✓D. Inform the patient about precautionary therapy that he or she should seek in the future.

79. Question: Which of the following is the treatment of choice for patients with depressive personality?

A. Exposure therapy

B. Light-exposure therapy

✓C. Insight oriented psychotherapy

D. Transmagnetic Stimulation
(TMS)

80. Question: Which of the following should be avoided when working with practice guidelines?

✓A. Write guidelines with minute details that everyone will follow it in the exact same way.

B. Base guidelines on evidence from widely used resources and reference those resources in the guidelines.

C. Adopt an already published set of guidelines.

D. If the guideline is inappropriate for a particular patient, document why an alternative

81. Question: Which of the following is not consistent with what is known about postpartum psychosis?

A. Symptoms of postpartum psychosis can often begin within days of the delivery.

B. The average time of onset of symptoms of postpartum psychosis is within 2 to 3 weeks of delivery.

C. Florid psychotic symptoms are usually preceded by prodromal signs such as insomnia, restlessness, agitation, and mild cognitive deficits.

✓D. This disorder primarily effects first time mothers and there is very little risk of postpartum psychosis in subsequent pregnancies.

82. Question: Which of the following is consistent with recommendations regarding assessing for suicidal ideations?

✓A. The clinician should always ask about suicidal ideations as part of every mental status examination.

B. Assessing for suicidal ideations is only required if patient is depressed.

C. Asking a psychotic patient if they are having suicidal ideations is not advised as this could introduce the idea to the patient.

D. If a patient who has been threatening suicide becomes quiet and less agitated, it is safe to assume the suicidal ideations have subsided.

83. Question: A claim of malpractice requires that a patient/plaintiff prove which of the following? Select all that apply.

A. The existence of a client-professional relationship - duty to care.

✓B. Behavior below the appropriate standard of care for professionals dealing in like circumstances.

✓C. A causal link between the practitioner's failure to conform to treatment standards and harm to the patient.

✓D. Actual injury to the patient.

84. Question: The Adverse Childhood Experience Study (Felitti et al., 1998) found which of the following relationships between child traumatic events and high-risk behaviors exhibited by adults?

✓A. The study revealed a causal relationship between child traumatic events and high-risk adult behaviors.

B. The study revealed a causal relationship between child traumatic events and high-risk adult behaviors.

C. The study revealed no relationship between child traumatic events and high-risk adult behaviors.

D. The study revealed an indirect relationship between child traumatic events and high-risk adult behaviors.

85. Question: A method of therapy used to treat individuals with substance abuse based on the fundamental principle of a psychology that reinforced behaviors are likely to be repeated is known as which of the following?

A. Exposure therapy

B. Contingency management

C. Motivational interviewing

✓D. Cognitive behavioral therapy

86. Question: Cluster A personality traits consist of which of the following?

✓A. Schizotypal, schizoid, and paranoid subtypes

B. Narcissistic, borderline, antisocial, and histrionic subtypes

C. Obsessive-compulsive, dependent, and avoidant subtypes

D. Depressive, anxious, hypomanic subtypes

87. Question: Sexual assault is most often which of the following?

A. A stranger

B. An acquaintance

✓C. A family member

D. A professional

88. Question: Which of the following is consistent with what is known about terrorist-bomber suicides?

A. The goal is death or escape.

B. The motivation is vengeance and mass murder.

C. Psychological/psychiatric disorder is present in most cases.

✓D. A and B only

89. Question: Which of the following is not consistent with recommendations for psychiatric history taking and the mental status evaluation of older adults?

A. When a patient is cognitively impaired, an independent history should be obtained from a family member or caretaker.

B. The patient should still be seen alone even in cases of clear evidence of impairment to preserve the privacy of the doctor/patient relationship.

✓C. If the patient is cognitively impaired, the patient should never be seen alone.

D. Even in patients with cognitive impairment, it is important to elicit any suicidal thoughts or paranoid ideations privately.

90. Question: The ARNP working as an at will employee realizes which of the following? Unless the ARNP has a contract for a specified term of employment, the employee

A. has no legal right to a job.

B. Employment will not be covered by equal opportunity or disability laws.

C. He or she must negotiate terms of employment on a piecemeal basis.

✓D. A and C only

91. Question: The United States Supreme Court upheld the psychotherapist-patient privilege in which of the following cases?

✓A. Jaffee v. Redmon

B. Tarasoff I

C. Tarasoff II

D. O'Conner v. Donaldson

92. Question: Loyalty, fairness, truthfulness, advocacy, and dedication in professional relationships is known as which of the following?

A. Justice

✓B. Fidelity

- C. Non-maleficence
- D. Respect for autonomy

93. Question: Which of the following is consistent with what is known about personality disorders?

- A. Typical onset in early childhood
- B. Is stable over time

✓C. Involves impairment in at least one of four areas of cognition, affectivity, interpersonal function or impulse control

- D. B and C only

94. Question: A clause in an employment contract that specifies that an employer and employee may end the working agreement without cause within a specified number of days is known as which of the following?

- A. A restrictive covenant

✓B. An employment clause

- C. A termination clause
- D. A and C

95. Question: A late-appearing adverse effect of neuroleptic drugs is known as which of the following?

- A. Akathisia
- B. Parkinsonism

✓C. Neuroleptic malignant syndrome

- D. Neuroleptic-induced tardive dyskinesia

96. Question: The failure of a professional to exercise that degree of skill and learning commonly applied by the average prudent, reputable member of the profession is known as which of the following?

- A. Negligence

✓B. Malpractice

- C. Causation of injury
- D. Duty liability

97. Question: A somatopsychic illness triggered by changing levels of sex steroids that accompany an ovulatory menstrual cycle about one week before the onset of menses characterized by irritability, emotional lability, HA, anxiety, and depression is known as which of the following?

- A. Premenstrual syndrome
- B. Premenstrual depression
- C. Premenstrual dysphoric disorder
- D. Premenstrual psychosomatic disorder

98. Question: Persons who exhibit impulsive traits also show high levels of which of the following hormones? Select all that apply.

- A. Testosterone
- B. 17-estradiol
- C. Estrone
- D. A and C only

99. Question: Features that point to a medical cause of mental disorder include which of the following? Select all that apply.

- A. Acute onset (within hours or minutes with prevailing symptoms)
- B. Nonauditory disturbances of perception
- C. Current medical illness or injury
- D. Constructional

100. **Question:** Standard of care addresses which of the following questions

- A. Did the clinician do the right thing at the right time?
- B. Was effective care provided to the patient?

- C. Was care provided safely regardless of time frame?
- D. A and B only