

A STUDY GUIDE FOR



College of Nursing-PMHNP, Walden University

NRNP 6665: PMHNP Care Across the Lifespan

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IMPORTANT FACTS

Stereotypic Movement Disorder

- A. Repetitive, seemingly driven, and apparently purposeless motor behavior
- B. The repetitive motor behavior interferes with social, academic, or other activities and may result in self-injury.
- C. Onset is in the early developmental period.
- D. The repetitive motor behavior is not attributable to the physiological effects of a substance or neurological condition.

Fig 1 Important Facts

- Such movements can be hand waving, body rocking, or headbanging.
- The movements can significantly impact regular activity or may cause physical harm to patients with such conditions.