

Week 9 Case Study Discussion- Main Post

I chose to discuss the second case study involving a 14-year-old Caucasian female who presents to the teen clinic with complaints of a stomachache for the past several weeks. The aches worsen with hunger and are relieved with eating. She rates her pain a 5/10. Her last period was three months ago, and she has a positive urine pregnancy test. She reports sleeping problems, fear, and anxiety. She also lives with her aunt and uncle who are her legal guardians as she was removed from her mother for drug use and drugs being found in the home. When discussing her feelings about her mother's boyfriend she becomes tearful and doesn't want to talk much about him. She states, "she does not want this baby in her" and doesn't want her aunt and uncle to find out.

The actual diagnosis I chose is pregnancy due to statutory rape. The patient is 14 years old, and her mother's boyfriend is 40 years old. The patient reported the mother's boyfriend entering her room at night and touching her without consent. According to the case study, the age of consent in the state this occurred is 12 unless there is coercion or if the other party is greater than 5 years older which in this case he is. Based on the patient's demeanor, anxiety, fear, and tearful episodes it is apparent that the events that lead up to her pregnancy were not wanted.

The differential diagnosis I chose is anxiety. The patient went through a traumatic experience and is already exhibiting behaviors that are affecting her daily life, school, and sleep. Although she states she feels safer now that her mother's boyfriend lives in another state, she may continue to have anxiety about future relationships and live-in fear that something like this could happen again.