

NURS 6550 Week 7 ihuman

Walter Sobchak
48-year-old
5'6 165lbs (75 kg)

Shortness of breath for two weeks
Loss of appetite
Fatigue
Shortness of breath relieved by rest
2 pillow orthopnea
worsening SOB on exertion
generalized pruritus

Cigarette smoking for 30years
Drinks 6 pack of alcohol weekends

Past medical history:

Ulcer
HTN
Tension headache
Kidney problem

Takes ibuprofen PRN

V/s:
98.6
74
21
BP 180/112
96% o2sat

bilateral lung fields dullness on percussion
Bilateral 2+ pitting edema to knee-level

HPI:

Walter Sobchak is a 48-year-old male patient presenting with complaints of two-week shortness of breath associated with fatigue and anorexia. He reported having worsened dyspnea during exertion as well as 2-pillow orthopnea. The patient is a chronic 30 pack-year cigarette smoker with a medical history that includes hypertension, peptic ulcer disease, chronic tension headaches, and unclear episode of kidney injury. He admits to not adhering with his prescribed treatments. He also noted symptom of generalized skin itchiness without evidence of a rash. Significant physical examination findings include BP of 180/112, auscultated crackles with dullness on both lung bases, and bilateral 2+ pitting edema to knee-level.