

Post an explanation of your evaluation plan for the patient in the case study provided, and explain which type of assessment tool you might use for the patient. Explain whether the assessment tool was validated for use with this patient's specific patient population and whether this poses issues. Include additional factors that might present issues when performing assessments, such as language, education, prosthetics, etc. Also explain the immunization requirements related to health promotion and disease prevention for the patient.

Assessment of Older Adults – Case Scenario One

Elderly patients are a unique patient population that advanced practice nurse practitioners will evaluate and treat in their practice. Due to their advanced age, many of the elderly may have multiple chronic conditions; hence, it is of utmost importance that the provider ensures that these patients have a full functional ability to care for themselves. To identify the older population's problems, a comprehensive general assessment is essential in conducting their annual physical examination. There are many assessment tools available, and the practitioner must select a valid tool for better patient assessment and outcome.

Assessment Tools

In the first case scenario, Mr. Perkins, an 81-year-old patient, comes to the clinic for his annual physical examination. He has a history of osteoarthritis and only takes Tylenol to relieve his pain. Upon inspection, it was noted that he has worsening right hip pain over the past six months; therefore, he uses a straight cane to help him ambulate. In this case, an excellent evaluation plan should include how the hip pain interferes with his activities of daily living. Depending on his living conditions, any issues with mobility can directly affect the patient's quality of life. It is also essential to assess how his current medication helps relieve his pain. With the worsening hip pain, the current medication is not effectively alleviating his pain.

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