## Week 9 iHuman Assignment -

Gloria Jenkins

65-year-old

female 5'6" 130

lbs.

Reason for encounter: "My back really hurts."

## Questions:

- How can I help you today?
  - My back really hurts.
- When did the pain in your back start?
  - Two days ago
- · What are the events surrounding the start of your back pain?
  - I was rearranging heavy tables at the restaurant where I work. I do it all the time, but this time I must have moved them wrong.
- · Where more precisely is the pain in your back?
  - It's in my lower back. It starts right here (puts the palm of her hand on her lower back)
- How often does this back pain occur?
  - I've never had anything quite like this before.
- How long does your back pain last?
  - I hope it won't last long. This is horrible!
- · What does the pain in your back feel like?
  - · Sharp.
- Does anything make the pain in your back better or worse?
  - · Move hurts more. Even rolling over in bed...or walking.
- Does the pain in your back radiate someplace else? Where?
  - I have pain in my right leg now also.
- · What treatments have you had for the pain in your back?
  - · Nothing.
- Does the pain in your back come and go?
  - I wish it would go....No, it's continuous.
- How severe (1-10 scale) is the pain in your back?
  - About 7.
- Does the pain get better when you bend forward or sit?
  - No! Absolutely not!
- Does the pain in your back keep you from sleeping?
  - · Yes. It really hurts!
- Does your pain awaken you from sleep?
  - I find it difficult to find a comfortable position to sleep.
- Does walking or standing for a long time bring on the pain?