

Week 4 iHuman Assignment –

[REDACTED]

18 year old male

6'0" 220 lbs.

Reason for encounter: Passed out

"I passed out at football practice. My trainer thinks its because of the heat index being 100 and that I didn't drink enough. We have a big game tomorrow so I just need to make sure I can play."

Senior in high school

When did you pass out? – Just today

Did you hit your head? Did you lose consciousness? – A few seconds LOC.

How were you feeling prior to passing out? – During our afternoon practice we ran our 2 mile laps and I noticed that I was struggling and my legs were hurting. All of the sudden I seemed to lose my hearing, noticed my vision changed. It was like just black and white, no color, then it coned down to a pinhole and next thing I remember, I am down on the track looking up at the trainer.

Any preceding symptoms or aggravating factors? – No shortness of breath before fainting. Muscles have been sore this week from working out.

How did you feel when you regained consciousness? Did not feel confused. Everyone was standing around me and looking at me. It took my a few seconds to recognize where I was. I didn't remember falling, but after they told me I remembered the weird feeling leading up to the fall, I guess. I wasn't out for long.

Severity – Did you feel any pain?

Was the episode witnessed? – Yes. Dad (Ken Brown) reports that when he got to the field it had just happened. The trainer said that she noticed he had just stopped, stumbled a bit, and then went down. All happened about an hour ago.

Have you ever passed out before? No first time

today. Patient reports sweating like crazy today.

+ Headache that started an hour into morning practice (6 hours ago.) Denies any trauma. 8/10 pain at lunchtime and now 3/10 pain. No come/go. Usually does not suffer from headaches.

Football is the only sport he plays now. Patient used to play lacrosse, but quit 2 years ago. He started two practices a day this week.

Reports sleeping 6-8 hours per night