

Week 1 Discussion

Career Goals: Strengths and Challenges Related to Nursing Practice Competencies

Main Post

Expectations

My expectations for this course have changed quite a bit over the last month. Due to COVID my clinical site was cancelled at the last minute and I am proceeding with the didactic portion only. Although it was a disappointment, I am still excited to be able to continue on and further my education and not come to a complete halt. I hope that what I learn from this course will directly be put to good use when I am able to do clinical later in the fall.

Nursing Practice Competencies

The NONPF is an organization that is dedicated to ensuring high quality education for NP's to promote the health and safety of patients (NONPF, n.d.) It's inherently important that those who are directly responsible for taking care of the lives of other people have the best education possible for the best outcomes. There are nine core competencies recognized to ensure NP students have the knowledge, skills and abilities in order to practice independently that include; scientific foundation, leadership, quality, practice, inquiry, technology and information literacy, policy, health delivery systems, ethics and independent practice (NONPF, 2012.)

Strengths

Three of my strengths related to nursing practice competencies include leadership, scientific foundation, and ethics. I believe that I am a natural leader in and out of the work-place and this a good quality for a Nurse Practitioner. Nurse leaders must be role models and use creative approaches to problem solve, innovate, and use education to empower others to solve problems in practice (Snow, 2019.) Having a solid education built on scientific principles is key to providing the best and most up to date care for patients. I take pride in what school I attend