**Career Goals: Strengths and Challenges Related to Nursing Practice Competencies** 

Department of Nursing, Walden University

NRNP 6531: Primary Care of Adults Across the Lifespan

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## **Expectations**

Primary health care is an integrated health service. It meets people's health needs across the lifespan, addresses the general determinants of health by means of multisectoral policy and action, and empowers the public to be in control of their health (World Health Organization, 2019). As I enter the course, Primary Care of Adults Across the Lifespan, I am overcome with excitement and fear. Excitement for the new journey I am beginning, and fear of the unknown. In this course, I expect to learn how to better transition my thoughts from nurse to provider. I also expect to learn how to accurately diagnose, prescribe medications, and develop treatment plans and regimens for patients. I expect to gain a better understanding of conditions and medications from a provider's standpoint.

## **Strengths and Challenges**

The National Organization of Nurse Practitioner Faculties (NONPF) is an organization that established nurse practitioner education curriculum guidelines and cultivated profound discussion on nurse practitioner education issues (National Organization of Nurse Practitioner Faculties, n.d.). The NONPF established core competencies for the role of the nurse practitioner. These competencies address the behaviors that are vital for nurse practitioners. Some of my