

NR 716 ANALYTIC METHODS

WEEK 8

REFLECTION ON LEARNING AND PRACTICE READINESS

Introduction

What is your plan for staying connected to emerging research study evidence and non-research evidence about your selected practice problem? Daily, hundreds of evidence sources are published on your selected practice problem. How will you stay connected to this emerging evidence about your practice problem?

The DNP program within Chamberlain College of Nursing has been filled with immense lessons and unconditional support from faculty, staff, and classmates. It is with gratitude that the courses we have been in reflect the focus of the DNP degree, which is to prepare DNP-prepared graduates to practice creating significant and positive outcomes within the practice setting utilizing the highest level of nursing practice (Giardino and Hickey, 2020). It is with gratitude and immense joy to enter our last week and present a discussion to reflect on our readiness to practice as a DNP-prepared nurse through the consideration of what we learned in this course and how this knowledge will impact our practice as a DNP-prepared nurse. Koshy et al. (2017) presented that the practice of reflection is a vital part of personal and professional progression. Reflection leads to the ability to have self-awareness, and knowledge identification, as well as the need to focus on assessing the learning goals. In this discussion of reflection on the course outcomes review and experience in the course, the following reflection points will be addressed:

■ Analysis and evaluation of how my thinking was challenged about translation science; summary, analysis, synthesis; and using an evidence-based intervention in a practice change project to address a practice problem.

■ Based on the new knowledge received, examine how the learning process prepares me to practice as a DNP-prepared nurse. Analysis and evaluation of how my thinking was challenged about translation science and using evidence-based interventions to address a practice problem:

■ The journey of learning about the different types of translation science theories and models involved the realization of the importance of thoroughly reading and analyzing each theory and model and utilizing rationale thinking to choose a theory/model applicable to the national practice problem of Alzheimer's disease and the research practice of maintaining cognitive functioning within our patients with Alzheimer's disease.

■ The summary of translation science posed significant challenges to my ability to summarize information and lessons learned. The summary of translation practices utilizing the chosen translation model (K-T-A) was challenging due to the fear of the lack of important information needed to present to lead up to the analysis and synthesis regarding the process of evidence translation. Dr. Malate and Dr. Gannon along with our classmates were very helpful and encouraging in