

NR703 Week 5 Discussion: Leading Through Ethical Relationships

For this discussion, address the following:

- I identify a health inequity in your healthcare setting, community, or population.
- Propose how you could address this identified healthcare inequity, describing attributes of an effective leader guiding a healthcare team.

Health inequities are systematic differences in the opportunity different groups of people must achieve optimal health, leading to unfair and avoidable differences in health outcomes (Tangcharoensathien et al., 2023). A known health inequity within my community in the healthcare setting is disproportionate access to quality care based on socio-economic status. This is also a global issue. This disparity creates a significant divide in health outcomes, as individuals from low-income backgrounds face barriers such as limited access to preventive services, early interventions, and specialized treatments. As an effective leader guiding a healthcare team to address this healthcare inequity, I should build a team that reflects the diversity within the community and begin working closely with community organizations to improve educational programs and outreach aimed at low-income groups to raise awareness about preventive care. Collaborations can provide resources like health literacy workshops and inexpensive clinics, directly addressing barriers to access. Also, as an effective leader, I must advocate for making policy changes at a national and local level. This will require strong communication skills and organizing support among stakeholders. Using technology, I can research health disparities and monitor their progress. This approach allows for targeted interventions and continuous improvement. I can inspire the team by providing them with the necessary resources and promoting independence. The leader aims to reduce health inequities and ensure everyone receives the care they deserve regardless of socioeconomic status. The socioeconomic barriers can be tackled by offering financial and insurance guidance, initiating empathy, and being resourceful.

- Socioeconomic status: Low-income individuals lack health insurance or money to pay co-pays and deductibles.
- Health literacy: poor health literacy can lead to misconceptions of information.