

**Week 1**

This week I analyzed my leadership strengths and weaknesses. I have done this in the past but doing this from the leadership perspective felt different than past exposures to identifying traits. Completing the activity this week was the driver for self-exploration and how I can use my weaknesses or challenges as strengths as I laid out a plan for strengthening my leadership qualities.

Leadership influences the dynamics and cultures of an organization. Poor leadership can lead to loss of morale and high turnover when employees do not feel valued, and the opposite is true of transformational and inspirational leaders. This week I valued the opportunity to self-reflect on current qualities and appreciate the insight and how to create opportunities to better my leadership qualities.

**Week 2**

Complexity and chaos theories were discussed this week as we chose a nurse from television to describe their leadership abilities and how either complexity or chaos drove their environment. I chose Nurse Hoolihan from the TV series M.A.S.H. As I reflected on many episodes I have seen, her personality shined through her role as head nurse, and in her environment, both complexity and chaos theories reigned.

I do believe that in this day and age it is more important than ever to take advantage of any coaching or leadership development available to you. In the current environment, employees expect better leadership and because we work with such a variety of people and cultures, it is important to understand how to work cohesively with employees both above and below the leadership role. Many nurses have been promoted into management roles because they are great nurses! These same great nurses are not always the best managers not because they cannot be, they just have not been given the correct tools to manage well. It was important to understand the different theories about the environment this week.

**Week 3**

Interprofessional collaboration was a priority this week. Stemming from emotional competence to understand conflict resolution was a key takeaway and my perspective was to use prevention as a strategy. Interprofessional collaboration, to be successful had more to do with open and honest communication than anything else. As a leader, using a professional practice model is a good framework for keeping the culture of the organization stable. Open and transparent communication is a great place to start to keep the organization dedicated to transformation. This week I valued greatly being able to reflect on scenarios designed and figure out how to best avoid a breakdown in collaboration.

**Week 4**