

WHAT IS ADVERSITY?

Adverse Childhood Experiences (ACEs) are highly stressful, and potentially traumatic, events or situations that occur during childhood and/or adolescence

WHAT KINDS OF EXPERIENCES ARE ADVERSE?



Maltreatment
Violence & coercion
Prejudice

adverse childhood experiences (ACEs) and trauma-informed care.

HOW DOES IT IMPACT THE LIVES OF YOUNG PEOPLE?



ACEs impact a child's development, their relationships with others, and increase the risk of engaging in health-harming behaviours, and experiencing poorer mental and physical health outcomes in adulthood. Compared with people with no ACEs

WHAT PROTECTS YOUNG PEOPLE FROM ACEs?



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