

## **Ethical and Practical Considerations – Week One**

- What are barriers to seeking mental health care
- Social determinants and access to care in children and adolescents
- Developmentally appropriate teaching in children and adolescents
- Racial and ethnic barriers to treatment
- Know types of stigma: structural, self, public, intervention
- Parental access to child/adolescent's mental health records – legal aspects
- Ethical and legal principles of informed consent
- Mandatory reporting
- What are principles of dosing children with medications/ physiologic differences in treatment of children

## **Diagnosis and Management of Maternal Mental Health Disorders**

- Substance abuse in pregnancy, treatment and assessment (know CIWA scoring)
- Antipsychotic medications:
  - Across the lifespan including children and in pregnancy
- Risk factors for maternal mental health disorders
- Depression symptoms in pregnancy: fatigue, guilt and lack of focus.
- SSRI withdrawal symptoms in newborns with maternal exposure
- Diagnostic criteria for anxiety and depression in pregnancy and post partum period
- Anxiety disorders in pregnancy
- Treatment of severe post partum depression
- Substance abuse (including cannabis) in pregnancy.
- Mood stabilizers in pregnancy
- Acceptable antipsychotics in pregnancy
- Postpartum psychosis risk factors
- Laboratory assessment of pregnant patients on antipsychotics
- Postpartum depression screening
- Bipolar disorder in pregnancy and in the postpartum period
- Post-partum psychoses
- Post-partum obsessive compulsive disorder
- Safety of medications with breastfeeding/which ones are preferred
  - **Safe for Breastfeeding: SSRIs, benzodiazepines, valproic acid, quetiapine. Safe for Bottle Feeding: lithium, lamotrigine, clozapine**
- Substance abuse during pregnancy, sequelae of individual substances
- Define peripartum onset
- Perinatal mood disorders
- Differential diagnosis for maternal mental health disorders
- Edinburgh Postnatal Depression scale, know components, know scoring
- Perinatal medication management
- Maternal mental health treatment – continuing versus discontinuing medications in pregnancy, what are the risks?
- Barriers for POC in obtaining care

## **Diagnosis and Management of Pediatric Anxiety Disorders, Obsessive-Compulsive Disorder, and Mood Disorders**

- Discontinuing antidepressants
- Generalized anxiety and specific anxieties in children (Separation anxiety)