## NR603 Week 7 iHUMAN (Karen Floyd 45 y/o F Abdominal Pain)

## **Good questions**

## Got 93% with the questions below:

- 1. How can I help you? My stomach hurts
- 2. **Do you have any other symptoms or concerns we should discuss?** I occasionally feel "bloated" although I'm not sure my belly is actually bigger when I feel that way. I well pass a lot of gas and... even belch a lot compared to other people I know. Sort of embarrassing for a woman you know. Do you think that's related to all of this?
- 3. **Is you pain affected by what? When or how much you eat?** It seems to be worse with rich foods. I haven't really noticed it as associated with when or how much.
- 4. **Do you now or have you ever smoked or chewed tobacco?** No, I never have.
- 5. **Are you taking any over-the-counter or herbal medications?** I take a multivitamin daily, and acetaminophen from time to time for stress headaches
- 6. Are you taking any prescriptions medications? No prescription medications
- 7. **Do you have any allergies?** Not that I know of
- 8. Have you ever been hospitalized? Just for the c-section and the bike accident thing
- 9. **Any previous medical, surgical, or dental procedures?** I had a c-section at 27 without any complications. When I was 17, I had a bike accident and had a complicated fracture of my right tibia. They had to fix that with surgery.
- 10. Can you tell me about any current or past medical problems you have had? I don't know really what's important. The only thing besides this stomach problem is that lately I've been getting occasional hot flashes and my skin is sort of dry. I also get headaches now and then which isn't new and that probably isn't important anyway. Is that the kind of things you want to know?
- 11. **Do you have diarrhea?** Occasionally. Sometimes I'd say my bowel movement is loose and watery. Does that count?
- 12. **Is there any blood in your stools or with your bowel movement?** Anything red? Not that I have noticed
- 13. **Do you have any problem with constipation?** Definitely. For as long as I can recall in my adult life, I have alternating periods of constipation and just the opposite if you know what I mean that lasts several days. When I am constipated, I feel like I cannot get everything out, even after a BM.
- 14. Have you been having fevers? I don't think so, can you check that for me
- 15. How often does this abdominal pain occur? It's been coming and going for years now. It never really goes away entirely, but then it also doesn't seem to be getting a lot worse. It's just there all the time. So frustrating.
- 16. How severe (1-10) is your abdominal pain? It varies, sometimes it's just mild and annoying, other times it stops me in my tracks it's so bad
- 17. Does the pain in your abdomen radiate someplace else? Where? No, it's just in my stomach
- 18. Where more precisely is your abdominal pain? All over, especially in the lower half of my belly.
- 19. What does the pain discomfort in your abdomen feel like? (Cramping, burning, stabbing, aching, tingling, squeezing) Usually like a bad cramp but sometimes it can be a stabbing feeling.
- 20. **Does anything make the pain in your abdomen better or worse?** "Having a bowel movement sometimes makes it better. Then it starts up again if I'm stressed out or eating the wrong stuff".
- 21. When did you abdominal pain start? This problem started at least 10 years ago. It's really been going on far too long.
- 22. How long does the pain in your abdomen last? Sometimes a few minutes. Sometimes up to an hour
- 23. Does your symptoms occur after eating rye, wheat, or barley? No