

NR 603 Week 6 Telehealth visit

Discuss the benefits and drawbacks to a telehealth visit for this client.

Jarrett recently was in the ER for suicidal threats at home and needs to have a follow-up appointment with his provider asap. Patients are at a higher risk of suicide within the first few months after a psychiatric hospitalization (Schuster et al., 2021). A benefit to telehealth is the increased access and availability to care, not only for the patient but for the provider (Molfenter et al., 2021). A drawback to telehealth is privacy and confidentiality are a concern and if a patient does not have appropriate bandwidth in their home for access to the visit, this can be a problem (Molfenter et al., 2021).

Jarrett is a teenager, and this age group may be reluctant to share information but due to his suicidal threats at home it is important to follow-up with his provider. Telehealth may be more convenient for Jarrett and his family but until he has good rapport with a provider, he may not be willing to open especially if he feels his privacy is a concern on telehealth.

Describe how you will set up your workspace for the visit. What is or is not suitable to have in your workspace?

If I had a telehealth visit with Jarrett, I would make sure to have a quiet office setting in a room with a closed door that he could see so that he feels comfortable and does not feel that others are listening in on our conversation. It would not be appropriate for me to have the radio on or any additional sounds in my office including anyone coming into the room.

I would ask Jarrett and his mother or stepfather to have a videoconference with me since he is only 16 years old. I would want to see his body language since a full physical assessment is not possible. I would also want to see the most of his environment as I could.