

Week 4 iHuman Reflection

I chose the following diagnostic tests:

EKG-\$188.00
ABG- \$ 474.00
BNP-\$172.00
CBC- \$35.00
Cardiac nuclear stress test- \$4,162
Cardiac stress test- \$891.00
Angiogram- \$815.00
Echocardiogram TEE- \$1,774
Echocardiogram TTE- \$ 1,701
Holter monitor- \$203.00
Pulmonary functions tests- \$839.00
Chest x ray PA and Lateral- \$280.00
Total cost = 11,534

This patient has an estimated cost according to MD save of 11,534 dollars. This price is assuming the patient would be paying private pay without insurance. All plans of treatment should be discussed with the patient prior to proceeding. Part of this conversation should include how the patient plans to pay for the treatment. If the patient disclosed that they did not have insurance and would be paying private pay, I would have a tailored approach to ordering diagnostics. For example, I would start with the Chest x-ray and EKG. I would also get social, or a patient care coordinator involved to help assist with payment options as well as resources within the community. California is a restricted license states, I would get the MD involved to ensure that appropriate care was given. As I noted in my previous reflection APRNs order more diagnostic imaging when compared with primary care physicians (Hughes et al., 2015).

This patient would benefit from community services like Contra costa community health plan. This health plan is built for low-income permanent legal residents of Contra Costa County (Basic health care, 2023). I would also recommend Medicare if they are not already enrolled. Several