

Week 2 Case Study

Patient

- M.M. 42-year-old Caucasian female

Chief Complaint

Overwhelming waves of emotion, feelings of utter aloneness, nightmares, feelings of being "stuck" in grief.

HPI

MM 42-year-old female accompanied by adult daughter and live in boyfriend of 4 years in the office today with complaints of overwhelming waves of emotion, feelings of utter aloneness, nightmares, and feelings of being "stuck" in grief. The patient lost a newborn in her early 20's and 8 months ago lost her adult son to an automobile accident. Her grief is so overwhelming she has lost her job and her relationships with her daughter and boyfriend are suffering because she feels like they are asking her not to grieve and although they don't say it their attitudes make her think they feel like she should "just get over it". Per her daughter, the only reason her mother came today was because they held an intervention of sorts because they are concerned for her well-being. The patient reports that she has been numbing her pain with marijuana use, as it is the only thing that keeps her from crying all day. She states that she doesn't want to leave her home, has lost interest in most activities, and the only joy she feels is when she spends time with her granddaughter. She denies suicidal ideations, stating her son would not have wanted that. The patient firmly disputes the existence of any manic symptoms, including racing thoughts, grandiose beliefs, irritability, changes in or inappropriate social behaviors, euphoria, elation, difficulty focusing, hypersexual acts, hypervolubal speech patterns, and an increase in energy accompanied by a decrease in sleep patterns.

Current Medications

None

Allergies

NDKA

Allergic to peanuts

Past Medical History

Immunizations up to date

Surgical history- C-section in 1999 and 2003, tubal ligation 2003

Social history- Lives with boyfriend, Smoker, Occasional alcohol use 1-2 times per month, typically a drink with dinner, Marijuana use 2x day QD, used to enjoy going out with friends, riding ATV's, and traveling with boyfriend

Family history- Maternal side: COPD, mother living Paternal side-CHF and HTN father living, has 1 older biological sibling with no PMH