

NR 602 MIDTERM REVIEW

Chamberlain University

Signs of pregnancy (presumptive, probable, positive)

Presumptive signs include:

- Amenorrhea: Highly suggestive of pregnancy in a healthy female with regular & predictable periods. Difficult to determine in a female who have irregular periods or in those who do not keep track of their menstrual cycles
- Nausea & vomiting: Common symptom (~50% of pregnancies) typically occurring between 2-16 weeks gestation
- Breast engorgement & darkening of the areolas: Occurs as early as 6-8 weeks gestation
- Breast tenderness
- Fatigue
- Urinary Frequency
- Slight increase in body temperature: Rise in temperature coincides with luteal phase and is the result of increased progesterone
- "Quickening": Mother feels the baby's movements for the 1st time; starts at 16 weeks.

Probable signs include:

- Goodell's sign: Cervical softening (around 4 weeks)
- Chadwick's sign: Blueish coloration of the vagina & cervix (6-8 weeks)
- Enlarged uterus
- Positive urine or blood pregnancy test (β -hCG)

Positive signs include:

- Palpation of the fetus by the health care provider
- Ultrasound and visualization of the fetus
- Fetal Heart Tones (FHT) auscultated by the health care provider

Pregnancy and fundal height measurement

Symptoms of Early Pregnancy

- Fatigue
- Darkening of the nipples
- Nausea
- Minor bleeding
- Abdominal pain
- Sensitive breast
- Frequent urination
- Change in taste preferences