

NR602 iHuman Cases

Week 3 - Katherine Harris 16 y/o F CC: Cough & SOB

History

- How can I help you today - pt
- Do you have any other symptoms or concerns we should discuss - pt
- When did you first notice SOB - pt
- Has there been any change in your SOB over time - pt
- Are you coughing up any sputum - pt
- Do you wheeze - pt
- Does your chest feel tight or heavy - pt
- Do you have any pain or other symptoms associated with your cough - pt
- Does anything make your SOB better or worse - pt
- Does anything make your cough better or worse - pt
- What treatments have you had for your cough - pt
- Are you taking any OTC or herbal medications - pt
- Are you taking any rx medications - pt
- Do you have any allergies - pt
- Are you exposed to secondhand smoke - pt
- Do you now or have you ever smoked or chewed tobacco - pt
- Have you been having fevers - pt
- Are her immunizations UTD - mom

PE

- Vitals
 - HR: 88 / regular / normal
 - RR: 26 / regular / labored
 - BP: L arm / 112/82 / normal / normal pulse pressure
 - Temp: 98.6 F
 - SpO2: 94%
- Assessment
 - Skin: warm & dry with no lesions
 - Lung auscultation: exp wheeze
 - Visual inspection of the chest: no skeletal malformations or scars, subcostal retractions present
 - Inspect ears: no erythema or swelling of the bilateral auricles or postauricular area
 - Look in ears with an otoscope: R & L tympanic membranes are pearly-grey w/o erythema, bulging, or loss of landmarks. No erythema of ear canals bilaterally
 - Inspect nose: Nares patent. No skin discoloration. No palpable tenderness at the frontal or maxillary sinuses bilaterally
 - Look up nose: No polyps or discharge