

- a. Identify and describe three actions you can take as an NP to mitigate the social impacts on marginalized women and/or children.**
- b. Discuss the role of federal, state, and local health policy in the marginalization of women, children, and childbearing families.**
- c. Identify one policy that impacts marginalized groups (include whether the policy is at the federal, state, or local level).**
- d. Discuss how the selected policy impacts marginalized groups either positively or negatively.**
  - Prudent rx 800-578-4403
  - Patient advocate 866-512-3816
  - Health well 800-675-8416
  - CVS X1479813 ROCKETTA

Working in the healthcare industry, I often see many different types of disparities in the community as well as in the nation. Women and/or children are often at the forefront of being marginalized due to several factors such as social, economic and disabilities.

As an NP, I can think of several ways we can help reduce the gap of disparities such as providing the patients teaching, family support and provide access to government resources such as free insurance plans and prescription copays. Teaching patients about their disease/illness will help them better cope and understand what the action plans are and what the expected outcomes will be once treatment has ended (Makaranga & Shidende, 2019). Family support will play a crucial role in the patient's recovery. Many women and children will require home assistance such as providing assistance with meals, cleaning and medication regimen. With a strong family support, the patients will not have to bear the burden of doing these tasks by themselves.

The government does a great job of providing adequate free health care to help decrease the marginalization of women and children. The government's main role is to establish laws and institutions that help decrease the disparities among the diverse group of citizens such as providing health insurance plans such as Medicare and Medicaid, retirements, housing just to name a few (American Academy of Pediatrics, 2021). Nationally there are a few programs such as SNAPs, plan parenthood and WIC that provides assistance with food and supplies such as