

iHuman Week-6 NR-579

Basilia Barco

53 y/o white

female 5'6"

165 lb

Reason for encounter: Back pain

Good:

- **How can I help you today?**
 - I'm having terrible back pain. I must have thrown my back out.
- **Do you have any other symptoms or concerns we should discuss?**
 - Right now, you mean? All I can think about is my back.
- **Where more precisely is the pain in your back?**
 - It seems to be in my lower back.
- **When did the pain in your back start?**
 - Three days ago.
- **What are the events surrounding the start of your back pain?**
 - It hit me as I was lifting a heavy laundry basket full of wet clothes. Wham! Out of nowhere.
- **Does anything make the pain in your back better or worse?**
 - It just won't go away. I can't seem to do anything to make it better. It is definitely worse when I move.
- **What does the pain in your back feel like?**
 - It is really sharp, stabbing, gnawing...
- **Does the pain in your back radiate someplace else? Where?**
 - Yeah, I can feel it in my right leg and sometimes all the way to my foot. It's not in my foot or anything, but mostly in my thigh.
- **How severe (1-10 scale) is the pain in your back?**
 - It is really excruciating—10/10 at times.
- **Do you have any tingling and/or numbness anywhere?**
 - My right leg feels a little numb and tingling on the outside of my thigh.
- **Are you taking any over-the-counter or herbal medications?**
 - Yes, I've been taking ibuprofen, but it's not strong enough for this pain.
- **ROS:**
 - **Fatigue, difficulty sleeping, unintentional weight loss or gain, fevers, or night sweats?**
 - Yes, a bunch of that. What do you want to know about?
 - **Do you have any problems with an itchy scalp, skin changes, moles, thinning hair, or brittle nails?**
 - Nope.