

NR 579

iHuman Week 3

HPI:

Asher Wilson

74 y/o M

Has had the flu shot

Good Questions:

**How can I help you today?**

- I haven't been feeling up to par lately; perhaps all together for 2 or 3 months, now. I'm fatigued and I have no physical energy. I figured it was time to have it checked out.

**Do you have any other symptoms or concerns we should discuss?**

- I get short of breath every time I walk even a short distance or climb as few as 10 stairs. I have to stop and rest and catch my breath. I've also had a dry cough when I lie down in bed—but that's only been since I had a cold 3 weeks ago.

**Have you been having fevers?**

- Not now. Maybe a low-grade temperature with the cold a few weeks back, but not chills.

**Have you noticed any swelling in any part of your body?**

- A year ago, by the end of the day there was definite puffiness of my ankles and shins, and sometimes in my feet, but it typically resolved overnight. But it's definitely worse and doesn't seem to get better by the morning. Other than that, no other swelling.

**Do you sleep with pillows to help you breath?**

- Yes. I use 3 and sometimes that isn't enough so I get up to sleep in the recliner.

**Can you tell me about any current or past medical problems you have had?**

- I'm in reasonable health for a fellow my age. I've been treated for high blood pressure over the last, say 6 or 7 years. And I was checked out for chest pain during that same time. They said I have CAD, but fortunately it never progressed to me needing any intervention. In fact, I only rarely have chest pain. And to be thorough, I should add that I have what they call "wear and tear" arthritis of my neck, and also an old man's prostate-neither getting any worse; just annoyances.

**Are you taking any prescription medications?**