HPI

GK is a 64 yr old male with Chief complaint of Shortness of breath and being tired onset several weeks ago. He was seen at the clinic yesterday and found to have a hemoglobin of 10. The fatigue improves after sleeping and returns with any ambulation. The SOB worsens when climbing stairs and is relieved when resting or walking on flat ground. No attempted treatments and the symptoms are severe.

Problem Statement

GK is a 64 yr. old male, chief complaint: shortness of breath and tired. Positive subjective symptoms: tired, anemic, low energy, SOB worse with exertion, and occasional right knee pain. Denies dizziness, syncope, lightheadedness, chest pain, palpations, nausea, vomiting, diarrhea; bloody or black stools, change in appetite, leg swelling, numbness, cough, or wheezing. Positive objective findings mild pallor, O2 sat 94% RA. Negative for orthostatic bp, tachycardia, tachypnea, respiratory distress, rectal bleeding, abd pain. PMH: Diabetes, HTN, CAD, History of smoking, positive for Alcohol.

Review of systems

General: Positive for tired and low energy. Denies Fever, weight loss, weight gain, weakness, changes in appetite.

HEENT/NECK: Head- trauma or tenderness. Eyes-denies changes in vision eye redness or drainage. Ears-denies pain or drainage. Nose- denies congestion, rhinorrhea, sinus pain. Throat-denies sore throat, hoarseness, or mouth sores. Neck- denies stiffness, pain, swollen glands, or limited ROM.

Cardiovascular: Denies chest pain, discomfort, or pressure; dizziness, palpitations, edema, decreased exercise tolerance, blue/cold fingers, or toes.

Respiratory: Shortness of breath, worse with exertion and climbing stairs, better with rest and walking on flat ground. Sleeps with 1 pillow. Denies wheezing, cough, coughing up blood, or SOB when lying.

Gastrointestinal: Positive for brown stools. Denies nausea, vomiting, constipation, diarrhea, coffee-ground emesis, dark/tarry or bloody stools, early satiety, or bloating.

Genitourinary: Denies pain with urination, burning, blood, hesitancy, incontinence, urgency, or frequency.

Musculoskeletal: Intermittent right knee pain. Denies muscle/joint pain, redness, swelling, muscle cramps, joint stiffness, joint swelling/redness, or back/neck/shoulder/hip pain.

Neurologic: Denies headaches, double/blurred vision, difficulty with night vision, difficulty hearing, ear pain, sinus problems, chronic sore throats, or difficulty swallowing.

Integumentary/Breast: Denies itchy scalp, skin changes, moles, thinning hair, or brittle nails. Denies breast discharge, lumps, scaly nipples, pain, swelling, or redness.

Psychiatric: Denies anxiety, depression, suicidal/homicidal thoughts/plans, mood swings.

Endocrine: Denies any heat or cold intolerance, increased thirst or sweating, frequent urination, or change in appetite.