



GUIDE TO USING OTC MEDICATIONS



BODY ACHES/FEVER

- Acetaminophen (Tylenol)
 - Avoid if you have liver disease
 - Avoid alcohol
- Ibuprofen (Motrin)
 - Use with caution if you have stomach issues

COUGH

- dextromethorphan (Delsym, Robitussin)
 - Use with caution if you have liver disease
- benzonatate (tessalon)



STUFFY/ RUNNY NOSE

- pseudoephedrine (sudafed)